

Basic Rock Climbing Class

Southwest Outdoor Club

Tempe, Arizona

CLIMBING TRIP #3 Granite Mountain, Prescott

Purpose: to Climb a Multi-pitch climb of high quality. Learn to Belay the Leader, to Manage the Rope, and to Clean the Pro Continue to observe Anchors, and observe the placements made by the leader "on lead".

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| 1 | Meet at Granite Mountain Trailhead Parking Area (\$2.00 parking fee) | 8:00 |
| 2 | Carry gear to the Swamp Slabs on Granite Mountain. | |
| 3 | Arrive at Pine Tree Ledge and split up into climbing teams. | |
| 4 | Climb a multi-pitch climb of mid 5th class difficulty | |
| 5 | Return to the Trailhead | |
| 6 | Sort Gear | |
| 7 | Depart for dinner in town (or for home) | 5:30 |
| 8 | Optional Camp Out and Climbing again on Sunday | |

Things to Remember to bring:

1. Flashlight, extra batteries, extra bulb
2. Jacket & warm hat, long sleeve shirt & long pants
3. Extra water & food and something to share
4. All your climbing gear
5. First aid kit including analgesic, antihistamine, & etc.
6. Stamina, Good humor, a joke or two about climbing
7. A story to tell about one or more instructor/student

Related reading, John Long, *How to Rock Climb*, Ed 4

1. Review and/or reread the chapter on Ropes, Anchors, and Rope care.

Fall Factor, Impact Force Elongation, UIAA Approved, Maximum Impact Force, coatings

Anchors – Natural, Artificial - placing & removing, SLCDs, rock quality, the American Triangle

SRENE, Opposition, Equalizing, Multiple placements & redundancy

Belaying, Devices, hitches, Direction of forces.