

Basic Rock Climbing Class

Southwest Outdoor Club

Tempe, Arizona

CLIMBING TRIP #2 Granite Dells, Prescott

Purpose: to Experience an expanded range of types of climbing - more face, chimney, off-width and stemming; to rappel and to prussik. Also to evaluate more anchors, and to place some bomb proof ones yourself. And to do a "Belay Tie-off."

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| 1 | Meet at Willow Lake RV & Camping Park - (register first) | |
| 2 | Carry gear to the practice area (instructors); Students get to approach via a circuitous route | 9:15 |
| 3 | Rig belays for the variety of climbs (instructors) | |
| 4 | Practice Belaying and Climbing on a variety of terrain | 10:00 |
| 5 | Inspect Anchors for adequacy and directional characteristics | Throughout the day |
| 6 | Learn the Rappel Sequence on a low angle slab | |
| 7 | Tear down anchors and belay setups | |
| 8 | Review techniques learned | |
| 9 | Prepare to "pot luck" | 4:30 |
| 10 | Chow time - Pot Luck, Students to Organize | |
| 11 | Optional Star Gazing with Gerry & Wayne | After Dark |
| 12 | Sorry, no campfires allowed, however stories will be shared around a barbeque | |
| 13 | Retire | ... whenever the spirit Moves |

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Second Day

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| 1 | Carry gear to practice area | 8:00 |
| 2 | Setup anchors and belays for Rappel and Prussik practice | |
| 3 | Split into two or three groups to alternately practice:
a. Rappel and Prussiking
b. Setting up Anchors
c. Belay Tie-Off | 9:00 |
| 4 | Practice high angle stemming and face climbing | |
| 5 | Tear down anchors and gear | |
| 6 | Review techniques learned | |
| 7 | Prepare to head back to the valley | |
| 8 | Optional dinner in Prescott at the Brewery or some other eating spot | 5:00ish |