

# Basic Rock Climbing Class

---

---

Southwest Outdoor Club

Tempe, Arizona

## **HOMEWORK**

**John Long's text: "How to Rock Climb"**  
**Fourth Edition, © 2004**

The pages referenced below will be covered either during the Classroom Session referenced or during the climbing trip the following weekend.

<b>Classroom Session #</b>	<b>Relevant Pages</b>	
1	1-14, 73-90, 117-127, 180-181, 193-201, 205-206,	The Climbing Game Rope, Webb, Harness, Biners The Belay, margin box on 134 Coiling the Rope Training & Injury Prevention Getting Started
2	15-32, 90-110, 113 111-117, 163-180, 177-178, 181,	Slab & Face Climbing Anchors Attaching to the Anchors Getting Down Rappel Backups Conclusion to "Getting Down"
3	32-71, 99 135-144, 144	Steep Face & Crack Climbing Removing Nuts Direction of Pull on "Pro" Loose Rock, Pro for the Second
4	150-152 154-160, 206-209	Retreat & Self Rescue Success, Style & Free Solo Responsibilities & Staying Alive