



Northboro Phoenix

Game of Choice: APBA Master Board Game, 2007 edition
 General Managers: Bob Jordan (10th year), Steve Stein (7th year)
 Manager: Alvin Dark

Home Park: Mo Berg Memorial Stadium, Northboro MA

2009 Season Emergency Instructions

Roster:

Pitchers	MLB	Age	Pos	Th	Gr	SO	CTL	HA	Fat	WP/BK/HB	MF	GS	IP	RIP
BETANCOURT,Rafael	CLE	34	P-1	R	7*	X	16	-22	6*	WP2 BK0 HB0	0	0	71.0	71.0
BLEVINS,Jerry	OAK	25	P-1	L	14*	X	14	36	6*	WP0 BK0	2	0	37.7	37.7
GALLAGHER,Sean	OAK	23	P-1	R	8	Y	-36	12	27/10*	WP1 BK0	1	21	115.3	4.0
HALLADAY,Roy	TOR	32	P-2	R	13	X	42	25	30/9*	WP1 BK0	0	33	246.0	2.3
JANSSEN,Casey*														
MEDDERS,Brandon*														
MENDOZA,Luis	TEX	24	P-1	R	1		16	15	28/8*	WP3 BK0	0	11	63.3	18.3
MOCK,Garrett	WAS	26	P-1	R	12*	XY	-43	15	23/7*	WP3 HB0	0	3	41.0	26.0
PETTITTE,Andy	NYN	37	P-1	L	6	Y	24	16	28	WP2	1	33	204.0	0.0
RAMIREZ,Edwar	NYN	28	P-2	R	14*	XY	-24	-13	6*	WP3 BK0	3	0	55.3	55.3
REDDING,Tim	WAS	31	P-1	R	7		12	-16	26	WP3 BK0	1	33	182.0	0.0
SADLER,Billy	SF	27	P-2	R	14*	X	-51	-13	8*	WP3 BK0	2	0	44.3	44.3
SORIANO,Rafael*														
STREET,Huston	OAK	25	P-2	R	13*	XY	12	16	7*	WP2 BK0	1	0	70.0	70.0
TAVAREZ,Julian	ATL	36	P-1	R	2*	Y	-21	24	7*	WP3	0	0	54.7	54.7
WEATHERS,David	CIN	39	P-1	R	10*		14	23	6*	WP1	0	0	69.3	69.3
ZAMBRANO,Carlos	CHC	28	P-2	R	11		-15	15	27	WP1 BK0	2	30	188.7	0.0

Batters	MLB	Age	Pos	Bats	BC	L/R	St	Sp	Arm	PB/Th	G	PA	SBA	Other
CABRERA,Melky	NYN	24	OF-2	B	SA0	-4/0	E31	15	34		129	449	11	
CASTRO,Ramon	NYM	33	C-7	R	SA1	0/-2	N0	6	31	PB1 Th-2	52	157	0	
CRISP,Coco	BOS	29	OF-3	B	SA0	0/-2	D29	17	31		118	401	27	
FRANCOEUR,Jeff	ATL	25	OF-2	R	SA0	-4/0	G14	12	35		155	652	1	
HARDY,J.J.	MIL	26	SS-8	R	SA3	+6/-4	R26	9	33		146	624	3	
HELMS,Wes	FLA	33	3B-4	R	SA2	+3/-4	N	5	34		132	278	0	1B-3 OF-1
HU,Chin-Lung	LAD	26	SS-8	R	SA2	+4/-3	F31	12	33		65	129	2	2B-7
KINSLER,Ian	TEX	27	2B-7	R	SA0	-5/0	E35	18	31		121	576	28	
LUDWICK,Ryan	STL	30	OF-2	R	SA0	-3/0	E20	9	30		152	616	8	
MATHER,Joe	STL	26	OF-2	R	SA0	-5/+3	G26	13	31		54	147	1	1B-2 3B-3
MILLER,Corky	ATL	33	C-6	R	SA2	+2/-3	N0	6	33	PB3 Th3	31	66	0	
NORTON,Greg	ATL	36	OF-1	B	SA0	-6/+1	N0	6	31		117	220	0	1B-3
ORTIZ,David	BOS	33	1B-2	L	SA5	-8/+1	R26	4	27		109	490	1	
PENA,Carlos	TAM	31	1B-5	L	SA5	-12/+5	G20	6	28		139	607	2	
ROLEN,Scott	TOR	34	3B-4	R	SA0	-2/-1	G35	10	34		115	467	5	
SANCHEZ,Freddy	PIT	31	2B-8	R	SA2	+4/-3	G14	12	33		145	600	1	
SMITH,Seth	COL	26	OF-2	L	SA5	-13/+2	G26	13	33		67	123	1	
SNYDER,Chris	ARI	28	C-8	R	SA2	+2/-3	N0	4	31	PB2 Th0	115	399	0	
ZAMBRANO,Carlos	CHC	28	P-2	B	SA0	+4/-5	N0	4			37	83	0	7 PH

Cuts: DINARDO,Lenny*; BROUSSARD,Ben*; CASANOVA,Raul*; DILLON,Joe; PENA,Bryan*; JAMES,Chuck*

Waived: PROCTOR,Scott; RUGGIANO,Justin

Claimed off waivers: TAVAREZ,Julian; HELMS,Wes

* = uncarded

2009 Northboro Phoenix Schedule and Pitching Rotation

Date	Opp	Pitcher	Date	Opp	Pitcher	Date	Opp	Pitcher
4/1/09	KAN	Halladay (1)	7/1/09	at HUD	Gallagher (1)	10/1/09	at GC	Redding (25)
4/2/09	KAN	Zambrano (1)	7/2/09	at HUD	Halladay (14)	10/2/09	at GC	Pettitte (25)
4/3/09	KAN	Pettitte (1)	7/3/09	at HUD	Zambrano (11)	10/3/09	at GC	Halladay (26)
4/4/09	KAN	Redding (1)	7/4/09	at HUD	Pettitte (13)	10/4/09	at GC	Zambrano (23)
4/5/09	--		7/5/09	at HUD	Redding (13)	10/5/09	at ZIO	Gallagher (14)
4/6/09	MAR	Halladay (2)	7/6/09	at RIC	Gallagher (2)	10/6/09	at ZIO	Redding (26)
4/7/09	MAR	Mendoza (1)	7/7/09	at RIC	Halladay (15)	10/7/09	at ZIO	Pettitte (26)
4/8/09	MAR	Pettitte (2)	7/8/09	at RIC	Zambrano (12)	10/8/09	at ZIO	Halladay (27)
4/9/09	--		7/9/09	at RIC	Pettitte (14)	10/9/09	at ZIO	Zambrano (24)
4/10/09	POR	Redding (2)	7/10/09	--		10/10/09	MID	Gallagher (15)
4/11/09	POR	Halladay (3)	7/11/09	BH	Redding (14)	10/11/09	MID	Redding (27)
4/12/09	POR	Mendoza (2)	7/12/09	BH	Gallagher (3)	10/12/09	MID	Pettitte (27)
4/13/09	--		7/13/09	BH	Halladay (16)	10/13/09	MID	Halladay (28)
4/14/09	at MID	Pettitte (3)	7/14/09	BH	Zambrano (13)	10/14/09	MID	Zambrano (25)
4/15/09	at MID	Redding (3)	7/15/09	WHT	Pettitte (15)	10/15/09	LA	Gallagher (16)
4/16/09	at MID	Halladay (4)	7/16/09	WHT	Redding (15)	10/16/09	LA	Redding (28)
4/17/09	at MID	Mendoza (3)	7/17/09	WHT	Gallagher (4)	10/17/09	LA	Pettitte (28)
4/18/09	--		7/18/09	WHT	Halladay (17)	10/18/09	LA	Halladay (29)
4/19/09	at MUN	Pettitte (4)	7/19/09	ZIO	Zambrano (14)	10/19/09	--	
4/20/09	at MUN	Redding (4)	7/20/09	ZIO	Pettitte (16)	10/20/09	MUN	Zambrano (26)
4/21/09	at MUN	Halladay (5)	7/21/09	ZIO	Redding (16)	10/21/09	MUN	Gallagher (17)
4/22/09	at MUN	Zambrano (2)	7/22/09	ZIO	Gallagher (5)	10/22/09	MUN	Redding (29)
4/23/09	at MUN	Mendoza (4)	7/23/09	--		10/23/09	MUN	Pettitte (29)
4/24/09	--		8/1/09	at NW	Halladay (18)	11/1/09	--	
5/1/09	WAK	Pettitte (5)	8/2/09	at NW	Zambrano (15)	11/2/09	RIC	Halladay (30)
5/2/09	WAK	Redding (5)	8/3/09	at NW	Pettitte (17)	11/3/09	RIC	Zambrano (27)
5/3/09	WAK	Halladay (6)	8/4/09	at NW	Redding (17)	11/4/09	RIC	Gallagher (18)
5/4/09	WAK	Zambrano (3)	8/5/09	at DAL	Gallagher (6)	11/5/09	RIC	Redding (30)
5/5/09	WAK	Mendoza (5)	8/6/09	at DAL	Halladay (19)	11/6/09	RIC	Pettitte (30)
5/6/09	RYE	Pettitte (6)	8/7/09	at DAL	Zambrano (16)	11/7/09	HUD	Halladay (31)
5/7/09	RYE	Redding (6)	8/8/09	at DAL	Pettitte (18)	11/8/09	HUD	Zambrano (28)
5/8/09	RYE	Halladay (7)	8/9/09	--		11/9/09	HUD	Gallagher (19)
5/9/09	RYE	Zambrano (4)	8/10/09	at WAK	Redding (18)	11/10/09	HUD	Redding (31)
5/10/09	--		8/11/09	at WAK	Gallagher (7)	11/11/09	at MAR	Pettitte (31)
5/11/09	at LV	Mendoza (6)	8/12/09	at WAK	Halladay (20)	11/12/09	at MAR	Halladay (32)
5/12/09	at LV	Pettitte (7)	8/13/09	at WAK	Zambrano (17)	11/13/09	at MAR	Zambrano (29)
5/13/09	at LV	Redding (7)	8/14/09	COL	Pettitte (19)	11/14/09	--	
5/14/09	at LV	Halladay (8)	8/15/09	COL	Redding (19)	11/15/09	at POR	Gallagher (20)
5/15/09	at HOU	Zambrano (5)	8/16/09	COL	Gallagher (8)	11/16/09	at POR	Redding (32)
5/16/09	at HOU	Mendoza (7)	8/17/09	COL	Halladay (21)	11/17/09	at POR	Pettitte (32)
5/17/09	at HOU	Pettitte (8)	8/18/09	GOH	Zambrano (18)	11/18/09	at POR	Halladay (33)
5/18/09	at HOU	Redding (8)	8/19/09	GOH	Pettitte (20)	11/19/09	at KAN	Zambrano (30)
5/19/09	--		8/20/09	GOH	Redding (20)	11/20/09	at KAN	Gallagher (21)
5/20/09	at BRO	Halladay (9)	8/21/09	GOH	Gallagher (9)	11/21/09	at KAN	Redding (33)
5/21/09	at BRO	Zambrano (6)	8/22/09	--		11/22/09	at KAN	Pettitte (33)
5/22/09	at BRO	Mendoza (8)	9/1/09	--		11/23/09	--	
5/23/09	at BRO	Pettitte (9)	9/2/09	--				
6/1/09	at MAR	Redding (9)	9/3/09	KAN	Redding (21)			
6/2/09	at MAR	Halladay (10)	9/4/09	KAN	Pettitte (21)			
6/3/09	at MAR	Zambrano (7)	9/5/09	KAN	Halladay (22)			
6/4/09	at MAR	Mendoza (9)	9/6/09	MAR	Zambrano (19)			
6/5/09	--		9/7/09	MAR	Gallagher (10)			
6/6/09	at POR	Pettitte (10)	9/8/09	MAR	Redding (22)			
6/7/09	at POR	Redding (10)	9/9/09	MAR	Pettitte (22)			
6/8/09	at POR	Halladay (11)	9/10/09	POR	Halladay (23)			
6/9/09	at KAN	Zambrano (8)	9/11/09	POR	Zambrano (20)			
6/10/09	at KAN	Mendoza (10)	9/12/09	POR	Gallagher (11)			
6/11/09	at KAN	Pettitte (11)	9/13/09	POR	Redding (23)			
6/12/09	KNX	Redding (11)	9/14/09	at KNX	Pettitte (23)			
6/13/09	KNX	Halladay (12)	9/15/09	at KNX	Halladay (24)			
6/14/09	KNX	Zambrano (9)	9/16/09	at KNX	Zambrano (21)			
6/15/09	KNX	Mendoza (11)	9/17/09	at KNX	Gallagher (12)			
6/16/09	KNX	Pettitte (12)	9/18/09	--				
6/17/09	--		9/19/09	at MLR	Redding (24)			
6/18/09	MLR	Halladay (13)	9/20/09	at MLR	Pettitte (24)			
6/19/09	MLR	Zambrano (10)	9/21/09	at MLR	Halladay (25)			
6/20/09	MLR	Mendoza (12)	9/22/09	at MLR	Zambrano (22)			
6/21/09	MLR	Redding (12)	9/23/09	at MLR	Gallagher (13)			

The 2009 Northboro Phoenix

Offense/Defense by Position

The 2009 edition of the Northboro Phoenix has some very potent bats. Unfortunately, injury problems left us with far less than full seasons of those bats and many regulars will be “on the DL” for a month or two during the season.

Catchers: **Ramon Castro** will start the season at catcher. **Chris Snyder** will take over in June. Old friend **Corky Miller** is the backup catcher, to be used in case of injury, or if you replace the starter at bat (rarely) or on the base paths (less rarely).

Firstbasemen:

This year, firstbase duties will be handled by a platoon. **Carlos Pena** will start against righties. **Greg Norton** will get the starts against lefties, except when Ortiz is on the DL.

Other infielders:

The starting infield is **Ian Kinsler** at second, **J.J. Hardy** at shortstop, **Scott Rolen** at third base. **Freddy Sanchez** will be up all year, serving as utility infielder (with ratings of SS-7 and 3B-4). Kinsler will be “on the DL” for 2 months, Sanchez get starts at 2B, and **Chin-Liun Hu** will fulfill the utility IF role. **Joe Mather** will start the year in the minors, but when he comes up in August he will get most of the starts at 3B most of the year, starting against RHers while Rolen takes the starts against LHers. Sanchez will sometimes play SS as an SS-7, and very occasionally get the start at 3B as a 3B-4.

Outfielders:

Ryan Ludwick is the starting LFER.

Jeff Francouer is the starting RFer, but will split time with **Seth Smith** in the 2nd half of the year.

Coco Crisp will start the year on the DL, but come up in June to start in CF for the rest of the year. **Melky Cabrera** will be the CFer until Crisp arrives.

Greg Norton will also be available for OF duty, and will be the main PH option.

And, of course,

David Ortiz – the DH. Papi will spend a month on the DL this year, though, when Norton will fulfill the main DH duty. Also, **Carlos Zambrano** will often bat for himself when he is the starting pitcher.

Strategies on Offense:

Just by virtue of the team’s talents in getting runners on base and getting them home, we’ll score plenty of runs. (And give up plenty of runs, as you’ll see later under “pitching”.)

Steal: If Kinsler, Crisp or Cabrera represent the tying or lead run, check the Adams tables for a possible straight steal of second or third in the 7th inning or later. If the tying or lead run is on third with 2 out in the 7th or later and the runner has steal attempts left, attempt a steal of home if the Adams tables (for trying to score as a baserunner) say “go”.

Hit and Run: Check straight steal first. Otherwise, hit and run whenever legal (1st or 1st and 3rd) with runners Kinsler, Cabrera, Crisp, Rolen, Hu, Mather or Smith. The monthly instructions will often supercede this instruction. **Exception: Don’t hit and run with 1st and 3rd against a drawn-in infield.**

Sacrifice: Down by one or tied, 7th inning or later, no out, runner on second or runners on first and second, 6th-9th in the batting order at bat. (Check steal of third by Kinsler, Crisp, or Cabrera first.)

Runner advancement: use Adams tables. On computer game, go when “well around”. But play safe with slow runners.

Pinch Hitting: From the 7th inning on, if the tying or lead run is at bat or on base, consider pinch-hitting for the 8th and 9th spot in the order. There will rarely be a good pinch-hitting option. IF CARLOS ZAMBRANO IS IN THE BATTING ORDER I will send explicit instructions on how that spot in the order is to be handled once Zambrano leaves the game.

Pinch Running: From the 7th inning on, if the catcher, firstbaseman or DH represents the tying or lead run, and there’s an adequate replacement on the bench, consider pinch-running (Hu or Cabrera are good options here).

Strategies for Defense

Hold runner on first: If the runner is slow, don’t hold him. If there are fewer than two out and the runner’s adjusted SSN is less than 18, don’t hold him. Otherwise, hold the runner.

Infield in: Never with 2 out (duh). Never before the 7th inning. Otherwise, play in if we are between 2 runs down to 1 run ahead.

Pitch from the Stretch: if the runner on third has 10 or more chances to steal home, and we are between 2 runs down to 1 run ahead, pitch from the stretch.

Throw for runners: Always throw to get the runner representing the go ahead or lead run after the 5th inning. Otherwise:

- on the boards, throw for the lead runner if the chance is 32 or less, otherwise throw for the second runner.
- in the Computer game, throw for the lead runner if he is slow, or unless the runner “well around”; otherwise throw for the second runner.

Defensive replacements: If after we bat in the 7th we’re ahead by 1-4 runs, replace Kinsler at 2B with Sanchez.

The Pitching Staff and Pitching Strategies

Starting pitchers:

The Good: **Roy Halladay** and **Carlos Zambrano**. The pretty good: **Sean Gallagher**. The not-so-good: **Andy Pettitte** and **Tim Lincecum**. The Ugly: **Luis Mendoza**. Since the bullpen isn’t ocean-deep, these guys will have to carry a load. The usual caveats apply: Never let a starter go more than 11 2/3 innings. Never remove a starter pitching a shutout. Otherwise, the good starters should pitch 7 full, the ugly starter should pitch though 5 if he can get that far, and the others should go at least 6.

Relievers:

The closer is **Huston Street** to be used in save situations in the 9th inning on. The main setup guy is **Dave Weathers**, to be used in the 8th inning in save situations. The Lefty One Out Guy (the only lefty in the bullpen) is **Jerry Blevins**, to be used against your big batters who have disadvantageous lefty shifts. The mop is **Julian Tavarez** for the beginning of the year, replaced by **Mendoza** when he moves to the bullpen in July. The rest of the relievers: **Edwar Ramirez**, **Billy Sadler**, **Garett Mock**, and **Rafael Betancourt** – can be used whenever it seems proper. There will always be at least a couple of these guys available.

Remove relievers when reduced, or in the case of **Blevins**, when he faces a right-handed batter. Try not to use a reliever for more than 2 2/3 innings per outing. If you have to go to the bullpen before the 5th, though, the first reliever can go 3 2/3 innings.

Lineups and minor league assignments

Our roster will be shifting quite a bit this year, so giving representative lineups is a bit futile. We will be sending lineups and roster changes at the beginning of every month. In case you don’t receive them by the time you want to play the games, please email or call Steve. Here are some representative lineups that look pretty good right now, but I’m sure they’ll evolve.

Lineups:

On Boards

vs. Left

1. Crisp, CF
2. Sanchez, 3B
3. Hardy, SS
4. Ludwick, LF
5. Kinsler, 2B
6. Ortiz, DH
7. Snyder, C
8. Norton, 1B
9. Francoeur, RF

Vs. Right

1. Kinsler, 2B
2. C. Pena, 1B
3. Ortiz, DH
4. Ludwick, LF
5. Snyder, C
6. Rolen, 3B
7. Crisp, CF
8. Hardy, SS
9. Francoeur, RF

On Computer

Vs. Left

1. Rolen, 3B
2. Kinsler, 2B
3. Ludwick, LF
4. Ortiz, DH
5. Hardy, SS
6. Snyder, C
7. Norton, 1B
8. Francoeur, RF
9. Crisp, CF

Vs. Right

1. Rolen, 3B
2. Kinsler, 2B
3. Ludwick, LF
4. Ortiz, DH
5. Pena, 1B
6. Snyder, C
7. Hardy, SS
8. Francoeur, RF
9. Crisp, CF

In addition to the uncarded Soriano, Janssen and Medders, the following players are the minors: (subject to change per monthly instructions)

April: Gallagher, Mock; Kinsler, Mather, Helms, Smith, Snyder
May: Gallagher, Sadler; Kinsler, Mather, Helms, Smith, Snyder
June: Gallagher, Sadler; Castro, Hu, Mather, Helms, Smith
July: Tavarez; Castro, Crisp, Hu, Mather, Ortiz, Smith
August: Betancourt, Mock, Tavarez; Castro, Crisp, Hu, Helms
September: Mock, Montero, Sadler; Cabrera, Castro, Hu, Helms
October: Betancourt, Montero, Sadler; Castro, Castro, Hu, Helms
November: all up

In conclusion

Use these instructions as a guide; use your own instincts as well. Steve will be in touch with special instructions for read managers by the first of every month. I trust everyone in the league to manage our squad competently. Please mail hard-copy results to Bob. If you email results, send them to us both.

But most of all -
Have Fun!
Steve and Bob

Bob Jordan: 29 Chapin St. Northboro MA 01532 (508) 393-3104 robertj102@aim.com
Steve Stein: 4 Conant St, Acton MA 01720 (978) 263-1584 stephen.z.stein@gmail.com