



1999 World Champions



2009 Instructions

Manager: Dennis Eckersley

Hitting Coach: Moises Alou

Pitching Coach: Kirk Rueter

1st Base Coach: Roberto Alomar

3rd Base Coach: Terry Pendleton

“In preparing for battle I have always found that plans are useless, but planning is indispensable” Eisenhower

Roster:

Minors in April- Josh Barfield, Josh Bard, Andrew Miller, Brian Bixler, Omar Quitanillia, Lou Montanez, Brandon Jones, Mitch Stetter, Kyle Davies, Jason Frasor

Cuts- John Leiber, Victor Diaz, Donnie Murphy, Kevin Cameron, Danny Richar, Mike Macdougall

Waiver-

Expected Roster Moves-

May- **A. Reyes** Down, **Davies** Up

June- **Brunley** Down, **Stetter** Up

September- **Stetter** Down, **Brunley** Up

October- **Davies** Down, **Miller** Up

Offense:

Player Usage:

Young- Primary RH PH off the bench. PR for Slow runner when steal is called for

Anderson – Starts vs RH. Primary LH PH. Replaces any OF1 7th on Mel leads

Youkilis- Plays RF and 3B. Moves to 3B 7th on Mel leads and **Anderson** comes into the game

Laird/Rodriguez- Larid starts vs RHP, **Rodriguez** vs. LHP. In the 7th **Rodriguez** replaces Laird when Melrose leads score +1 or +2

Vazquez/ Eckstein-LH/RH platoon. Split time as SS, some at 2nd. One can PH for the other to avoid Shift. 7th inn on PH with Young. Greene should come in to play Defense

Greene- Defensive specialist and starts vs. LHP. Should Sac as often as legal, no Squeeze. Replaces **Vazquez/Eckstein** at SS 7th when Melrose leads

Rios, Uggla, Youkilis, Gonzalez, Braun and **Cantu** never leave the game except for injury. Should not play if don't start

Montanez/Jones- Neither has a good LH shift. When up can pitch hit/run. Montanez for H&R. Jones for Power

Lineups (Note- I will attempt to send lineups for each series):

Vs RHP CPU

1	Vazquez	SS7
2	Gonzalez	1B5
3	Youkilis	3B3
4	Braun	LF2
5	Uggla	2B7
6	Cantu	DH
7	Rios	CF3
8	Anderson	RF2
9	Laird	C7

Vs LHP CPU

1	Gonzalez	1B5
2	Uggla	2B7
3	Youkilis	RF1
4	Braun	LF2
5	Cantu	DH
6	Encarnacion	3B3
7	Rios	CF3
8	Rodriguez	C8
9	Eckstein	SS8

Vs RHP Board

1	Vazquez	SS7
2	Gonzalez	1B5
3	Youkilis	3B3
4	Braun	LF2
5	Uggla	2B7
6	Cantu	DH
7	Rios	CF3
8	Anderson	RF2
9	Laird	C7

Vs LHP Board

1	Eckstein	SS8
2	Encarnacion	3B3
3	Youkilis	RF1
4	Braun	LF2
5	Cantu	DH
6	Gonzalez	1B5
7	Uggla	2B7
8	Rios	CF3
9	Rodriguez	C8

Pinch Hitting:

1. **Young** and **Anderson** are the best options off the bench,
2. **Montanez** and **Jones** have no shift on the CPU and can PH vs RH on the boards
3. **Young** should be 1st choice vs. LHP on the boards
4. **Anderson** vs. RHP- When **Anderson** PH's he moves to RF and **Youkilis** moves to 3B
5. PH 7th-9th wining run on for **Greene, Laird, Rodriguez** or **Vazquez/Eckstein** Platoon

Pinch Running:

1. 9th Inning tying or winning run on 2nd or 3rd
2. **Young, Montanez, Jones** and **Anderson** can PR for a slow runner.
3. **Young, Rodriguez** and **Anderson** can steal if needed
4. Young or Anderson should go into RF, Youkilis move to 3B. Rodriguez should move to C

Stealing: Stealing takes priority over Hit & Run

1. **Rios** is the main SB threat can steal anytime after the 4th score +2 to -3. **Max 2 / series**
2. **Braun, Rodriguez, Young** and **Anderson** can steal second 7th or later adjusted SSN >= 26 and Score +1 to -1. **MAX 1/series**
3. Other players should steal 8th or 9th inning score-1 to 0 adjusted SSN >=25

Hit and Run:

1. **Rodriguez** and **Eckstein** have 3 31s each and should H&R any eligible runner
2. Hit & Run any eligible batter, runner not an N, pitcher control +21 or better
3. Eligible batters; **Anderson, Rodriguez, Eckstein, Greene, Quintanilla,** and **Montanez**
4. Hit & Run 1st and 3rd with **Eckstein** and **Rodriguez**

Sacrifice:

1. With <1 outs sacrifice with any weak batter 8th or 9th inn
2. Always sacrifice with **Greene** with one or two out
3. Never Squeeze! Never!

Runner Advancement:

Boards: Use Adams table

Computer: Go when runner is well around bag
2 out F runner on second send them home
2 out F runner on third send them home



Defense:

Substitutions:

Melrose leading after we bat in the 7th
Anderson for any OF1, if **Youkilis** moves to 3B
Rodriguez at C
Greene at SS

Replacement/Injuries: Use first available



3B- Encarnacion/Youkilis/Vazquez	SS- Vazquez/Eckstein/Greene	2B- Eckstein/Vazquez
1B- Youkilis/Vazquez/Cantu	Outfield- Anderson/Young/Montanez/Jones	C- Laird/Rodriguez/Bard

Infield:

1. <2 out tying or winning run on third 7th inn or later infield should play in. Infield plays back all other times.
2. Always hold runner on 1st adjusted SSN > 14. Don't hold N's
3. Pitch from stretch if runner on third is eligible to steal home SSN >15 7th or later

Pitching:

Melrose has some starters this year. 13,12,12,12,10,9 make 157 decent starts. All our starters have a low fatigue. The challenge will be getting them through 7 inns. All rules below apply to all Starters;

1. Never remove a starter if pitching a shutout
2. No starter pitches more than 11.2 innings. Even if pitching a shutout
3. **Reyes, Billingsley, Lester, Jurrjens** and **Jimenez**
 - 3.1. Remove in 6th after 1st batter tying or winning run on base or at bat
 - 3.2. 7th inn man on score +2 to -3
 - 3.3. Remove when fatigued
4. **Davies** and **Miller**
 - 4.1. Try for 5 inns
 - 4.2. Remove 6th tying or winning run on base or at bat
 - 4.3. Remove 7th we lead by <+5
5. **Bruney** and **Kou**
 - 5.1. Make four stats between them
 - 5.2. On Boards can pitched past fatigue
 - 5.3. Remove **Bruney** after fatigued to 15 or 8th inn runner on
 - 5.4. Remove **Kou** after fatigued twice

Relievers:

There are 450+ innings of relief this year with a mix of LH and RH. At any given point in the season 6 or 7 should be active. There is no limit to the number of inns the bullpen can pitch in a series. Be aggressive. Use 2 pitchers per AB if necessary to get the advantage.

Lidge- Is the closer. He can get 4 or 5 outs for the save if needed.

Bruney- RH short inning reliever. Use 7th on 1 or 2 outs at a time to stop a rally

Stetter- LH version of Bruney. Use 1 or 2 inning at a time vs LH lineup. Don't use with bases loaded

Kou/Wade- LH/RH 7-8th inning setup. 140 Innings. Can be used 6th inning on when control is important.

D.Reyes- LH specialist. Use to drive the big LH shifts out of the game.

Frasor/MacDougal/Reyes- RH relief. Reyes doesn't get the +5. 5th or 6th inning relief

Madson - 90 RH innings. Can come in early and pitch often. Use 5th inning on. If man on before the 7th look to Madson

Miller- Bulk innings for blow outs. Look for them when they are active



'09 Melrose Avenger's Pitching Rotation

A=Billingsley(32)
G=Miller (20)

B=Jimenez(34)
E=Davies (21)

C=Lester (33)
F=A. Reyes (6)

D=Jurrjens (31) I=BruneY (1)
H=Hu(3)

April

1-4 @MUN F1/A1/B1/C1
(5) (DAY OFF)
6-8 @HUD D1/F2/A2
(9) (DAY OFF)
10-13 @ZIO B2/C2/D2/F3

14-17 RIC A3/B3/C3/D3
(18) (DAY OFF)
19-23 KAN F4/A4/B4/C4/D4
(24) (DAY OFF)

MAY

1-5 @KNX A5/B5/C5/D5/E1
6-9 NW A6/B6/C6/D6
(10) (DAY OFF)
11-14 GC E2/A7/B7/C7
15-18 DAL D7/E3/A8/B8
(19) (DAY OFF)
20-23 @POR C8/D8/E4/A9

June

1-4 HUD B9/C9/D9/E5
(5) (DAY OFF)
6-8 ZIO A10/B10/C10
9-11 MUN D10/E6/A11
12-16 @WAK B11/C11/D11/E7/A12
(17) (Day Off)
18-21 @NBO B12/C12/D12/E8

July

1-5 MAR A13/B13/C13/D13/E9
6-9 MID A14/B14/C14/D14
(10) (DAY OFF)
11-14 @GOH E10/A15/B15/C15
15-18 @LA D15/E11/A16/B16
19-22 @COL C16/D16/E12/A17
(23) (DAY OFF)

August

1-4 @RYE B17/C17/D17/E13
5-8 @BH A18/B18/C18/D18
(9) (DAY OFF)
10-13 @WHT E14/A19/B19/C19
14-17 LV D19/E15/A20/B20
18-21 BRO C20/D20/E16/A21
(22) (DAY OFF)

September

19 3-5 @MUN B21/C21/D21
6-9 @HUD E17/A22/B22/C22
10-13 @ZIO D22/E18/A23/B23
14-17 WAK C23/D23/E19/A24

(18) (DAY OFF)
19-23 NBO B24/C24/D24/E20/A25

October

21 1-4 KNX B25/C25/D25/G1

5-9 POR A26/B26/C26/D26/G2
10-13 DH HOU A27/B27/C27/D27/I1
(14) (DAY OFF)
15-19 @RIC A28/B28/C28/D28/G3
20-23 @KAN A29/B29/C29/D29

November

(1) (DAY OFF)
2-6 @MID A30/B30/C30/D30/H1
7-10 @MAR A31/B31/C31/D31
11-13 HUD H2/A31/B32
(14) (DAY OFF)
15-18 ZIO C32/F5/H3/A32
19-22 MUN B33/C33/F6/E21
(23) (DAY OFF)

Starters:									
Name	Team	Grade	CTRL	HR	STF	RF	Throws	Move	HBO
Reyes, Anthony	Clv	13	13	23	24	8	RHP	0	
Billingsley, Chad	LAD	12XG	-14	32	26	8	RHP	+1	
Lester, Jon	Bos	12YG	13	35	26		LHP	+1	
Jimenez, Ubaldo	Col	12YWG	-44	41	26		RHP	0	
Jurrjens, Jar	ATL	10YG	12	35	26		RHP	0	
<i>Davies, Kyle</i>	<i>KC</i>	<i>9</i>	<i>-15</i>	<i>21</i>	<i>23</i>		<i>RHP</i>	<i>0</i>	
<i>Miller, Andrew</i>	<i>Fla</i>	<i>4YWG</i>	<i>-34</i>	<i>34</i>	<i>27</i>	<i>5</i>	<i>LHP</i>	<i>0</i>	
Relievers:									
Name	Team	Grade	CTRL	HR	STF	RF	Throws	Move	HBO
Brune, Brian	Nyy	27*XYWG	-46	34	8	6	RHP	0	
<i>Stetter, Mitch</i>	<i>Mil</i>	<i>21*XYWG</i>	<i>-62</i>	<i>25</i>		<i>6</i>	<i>LHP</i>	<i>+3</i>	
Lidge, Brad	Phil	19*XYWH	-35	53		6	RHP	0	
Kuo, Hong-Chih	LAD	17*XYZG	24	41	19	9	LHP	0	
Wade, Cory	LAD	17*YZ	34	11			RHP	0	
Reyes, Dennis	Min	15*X	15	16		5	LHP	0	
<i>Frasor, Jason</i>	<i>Tor</i>	<i>14*XWG</i>	<i>-62</i>	<i>23</i>		<i>6</i>	<i>RHP</i>	<i>0</i>	<i>---</i>
Madson, Ryan	Phil	12*YZG	25	26		6	RHP	0	
Outfielders:									
Name	Team	Gs	Abs	Bats	Field	SSN	Arm	Spd	BC
Anderson, Garrett	Anh	145	557	L	OF2	25	34	13	SA -3/-1
Rios, Alexis	Tor	155	635	R	OF3	31	36	F17	SA -4/0
Braun, Ryan	Mil	151	611	R	OF2	30	31	F16	PL -1/-1
Young, Delmon	Min	151	572	R	OF1	29	37	F16	SA +2/-2
<i>Montanez,Luis</i>	<i>Bal</i>	<i>38</i>	<i>112</i>	<i>R</i>	<i>OF1</i>	<i>N</i>	<i>31</i>	<i>F15</i>	<i>SA -5/+2</i>
<i>Jones, Brandon</i>	<i>Atl</i>	<i>41</i>	<i>116</i>	<i>L</i>	<i>OF1</i>	<i>26</i>	<i>31</i>	<i>F15</i>	<i>SA -3/-1</i>
Infielders:									
Name	Team	Gs	Abs	Bats	Field	SSN	Arm	Spd	BC
Encarnacion, Edwin	Cin	146	506	R	3B3	26	30	F16	SA +5/-4
Uggla, Dan	Fla	146	531	R	2B7	20	30	13	SA -10/+5
Greene, Khaili	SD	105	389	R	SS9	32	35	14	SA -3/-1
Gonzalez, Andrian	SD	162	616	L	1B5	N	31	S5	PR -11/+5
Cantu, Jorge	Fla	155	628	R	3B3/1B3/2B5	29	34	12	SA +2/-2
Youkilis, Kevin	Bos	145	538	R	1B4/3B3/OF1	16	32	8	SA +2/-2
Vazquez, Ramon	Tex	105	300	L	3B3/1B3/SS7/2B7	14	35	12	SA -16/+2
Eckstein, David	SD	94	324	R	SS8/2B7	26	31	F15	SA +5/-4
<i>Quintanilla, Omar</i>	<i>Col</i>	<i>81</i>	<i>210</i>	<i>L</i>	<i>2B7/SS8</i>	<i>N</i>	<i>33</i>	<i>F15</i>	<i>SA -8/0</i>
<i>Barfield, Josh</i>	<i>Cle</i>	<i>UNC</i>	<i>28</i>	<i>R</i>					
<i>Bixler, Brian</i>	<i>Pit</i>								
Catchers:									
Name	Team	Gs	Abs	Bats	Field	SSN	Arm	Spd	BC
Rodriguez, Ivan	NYY	115	398	R	C8 / +1 PB2	35	36	S6	SA 0/-2
Laird, Gerald	Tex	96	344	R	C7 / -1 PB2	14	34	9	SA -1/-1
<i>Bard, Josh</i>	<i>SD-BOS</i>	<i>57</i>	<i>178</i>	<i>S</i>	<i>C7 / -4</i>	<i>N</i>	<i>30</i>	<i>S5</i>	<i>SA -8/+5</i>

Starters:																		
Name	Team	Grade	CTRL	HR	G	GS	RIP	STF	RF	Throws	Move	HBO	WP	FLD	BKO	Age	DOB	In Minors
Reyes, Anthony	Clv	13	13	23	16	6	14.7	24	8	RHP	0	0	2	yes	26	10/16/1981		
Billingsley, Chad	LAD	12XG	-14	32	35	32	4.3	26	8	RHP	+1	3	1	yes	24	7/29/1984		
Lester, Jon	Bos	12YG	13	35	33	33		26		LHP	+1	1	2	yes	24	1/7/1984		
Jimenez, Ubaldo	Col	12YWG	-44	41	34	34		26		RHP	0	3	1	yes	24	1/22/1984		
Jurriens, Jar	ATL	10YG	12	35	31	31		26		RHP	0	1	2	yes	22			
Davies, Kyle	KC	9	-15	21	21	21		23		RHP	0	3	1		24	9/9/1983		
Miller, Andrew	Fla	4YWG	-34	34	29	20	6.7	27	5	LHP	0	3	1	yes	23	5/21/1985		Yes

Relievers:																
	Team	Grade	CTRL	HR	G	GS	RIP	STF	RF	Throws	Move	HBO	WP	FLD	BKO	Age
Bruneau, Brian	Nyy	27*XYWG	-46	34	32	1	32.3	8	6	RHP	0		2	1	yes	26
Stetter, Mitch	Mil	21*XYWG	-62	25	32		25.3		6	LHP	+3		3	2	yes	
Lidge, Brad	Phil	19*XYWH	-35	53	70		69.1		6	RHP	0		3	2	yes	31
Kuo, Hong-Chih	LAD	17*XYZG	24	41	80	3	69.3	19	9	LHP	0		1	1		27
Wade, Cory	LAD	17*YZ	34	11	80		71.7			RHP	0		2	2	yes	25
Reyes, Dennis	Min	15*X	15	16	74		46.1		5	LHP	0		3	1	yes	31
Frasor, Jason	Tor	14*XWG	-62	23	49		47.1		6	RHP	0	---	3	2	yes	30
Madson, Ryan	Phil	12*YZG	25	26	74		82.2		6	RHP	0		2	2		27
							468.8									

Name	Team	Gs	Abs	HR	SBA	Hits	BB	Pwr	Bats	Field	SSN	Arm	Spd	BC	SA	Age	XBH	Hit&Run		
Anderson, Garrett	Anh	145	557	15	11	11	2	000	L	OF2	25	34	13	SA -3/-1	SA-1	36	45	Yes		
Rios, Alexis	Tor	155	635	15	40	11	2	0000	R	OF3	31	36	F17	SA -4/0	SA-0	27	70			
Braun, Ryan	Mil	151	611	37	18	10	2 +22	10000	R	OF2	30	31	F16	PL -1/-1	PL-0	24	83	2/18/1981		
Young, Delmon	Min	151	572	10	19	11	2	000	R	OF1	29	37	F16	SA +2/-2	SA-1	22	42			
Montanez, Luis	Bal	38	112	3	0	11	1	006	R	OF1	N	31	F15	SA -5/+2	SA-0	27	10	Yes	Yes	12/15/1981
Jones, Brandon	Atl	41	116	1	1	10	2 +22	0000	L	OF1	26	31	F15	SA -3/-1	SA-1	24	12	Yes	Yes	12/10/1983

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Minors (April)-
Cuts- Lieber, Diaz, Donnie Murphy, Kevin Cammeron, Danny Richar, Mike Macdougall