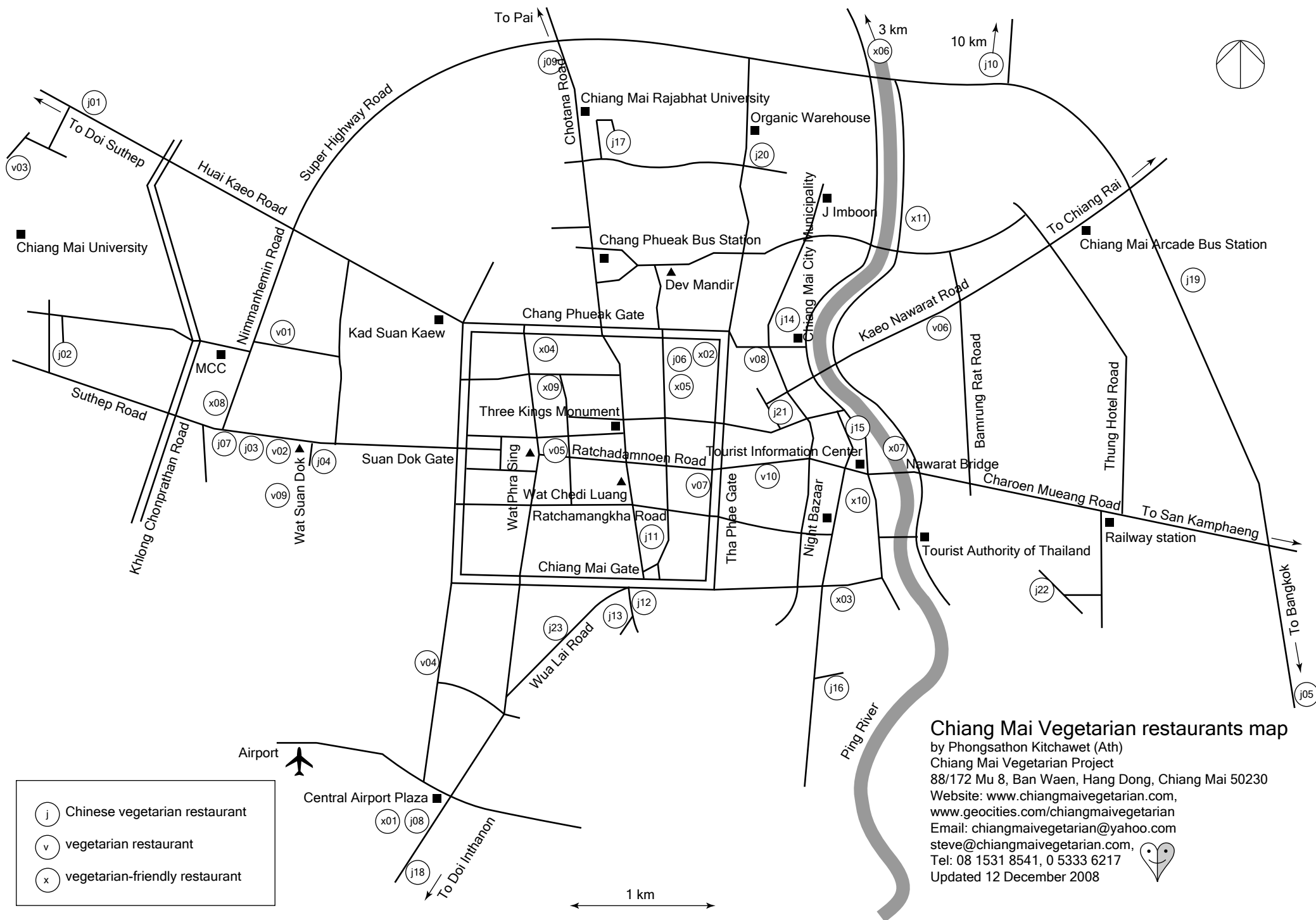




Chinese Vegetarian restaurants

Che: no garlic, onion, Chinese garlic, Chinese chive and tobacco. Perhaps there are eggs, milk, butter or cheese in some restaurants.

j01 Chao Ngo (เจ้าเงาะ) 100/13 Huai Kao Road, opposite Chiang Mai University's front gate. Open 9 am - 9 pm, closed on Sunday. Tel: 08 9835 5405

j02 Ahan Che (อาหารเจ) Faculty of Education, Chiang Mai University. Open daily 7 am - 2 pm, closed on holidays and the university vacation (in March-May and October).

j03 J. Krayathip (เจกระยาทิพย์) 193 Suthep Road, near Wat Suan Dok. Open daily 7 am - 8 pm. Tel: 0 5327 9729, 08 1531 9771

j04 Saksit (ศักดิ์สิทธิ์อาหารเจ) 3/2 Suan Dok Road. Open 6.30 am - 7.30 pm, closed on Saturday.* Tel: 0 5390 3855

j05 Ahan Che (อาหารเจ) 2nd floor, Big C, Superhighway Road. Open daily 9 am - 9 pm.

j06 Vegetarian Thai Food (เจ อาหารไทย) 54 Mun Mueang Road, Soi 9. Open daily 7 am - 5 pm. Tel: 0 5341 8978

j07 Che Yaowarat (เจเยาวราช) 257/10 Suthep Road, next to Halong Bay Vietnamese restaurant. Open daily 10 am - 2 pm. Tel: 0 5390 4441, 08 1837 9310, 08 9635 6965

j08 Che Phatthana (เจพัฒนา) Central Airport Plaza's Food Center at 4th floor. Open daily Monday-Friday 11 am - 9 pm, Saturday-Sunday 10 am - 9.30 pm.

j09 Rassameedhamma Foundation (อาหารเจมูลนิธิธรรม) 269/1 Chotana Road. Open 6 am - 4 pm, closed on Sunday.* Tel: 0 5322 1501

j10 Samphao Thip (สาภาทิพย์) 251/18 near Maejo University, San Sai. Open 7 am - 5 pm, closed on Sunday. Tel: 08 6586 9059

j11 Tien Sieng (เทียนเซียง) 54-56 Phra Pok Klao Road. Open 6.30 am - 5 pm, closed on Sunday.* Tel: 0 5320 6056, 0 5328 1487

j12 Che Ob Oon (เจอบอณ) 11 Nantharam Road. Open 6 am - 6 pm, closed on Saturday.* Tel: 0 5328 4393

j13 Save Thanya (เซฟธัญญา) 12/3 Nantharam Road. Open daily 8 am - 3.30 pm. Tel: 0 5328 2741

j14 Chan Fong (จันทร์ฟอง) A 7-8, Chao Nuea Market (in Mueang Mai Market). Open daily 3 am - 6 pm. Tel: 0 5323 2435, 08 9636 0161

j15 Che Cheng (เจแจ้งอาหารเจ) in Lamyai Market (opposite Warorot Market). Open daily 6 am - 6 pm, on the monk's day (full, half and new moon) open 3 am - 6 pm. Tel: 0 5323 2144

j16 Che Om Bun (เจ ออมบุญ, พุทธสัมพันธ์) 199/23 Chang Klan Road. Open 7 am - 3 pm, closed on Sunday. Tel: 0 5382 0361, 0 5381 8094

j17 Che-Mangsawirat (เจ-มังสวริต) Chiang Mai Rajabhat University canteen. Open daily: Monday-Friday 6 am - 6 pm, Saturday-Sunday 6 am - 2 pm. Tel: 08 7114 6679

j18 Che For Health (อาหารเจเพื่อสุขภาพ) Chiang Mai-Hot Road, about 1 km from Central Airport Plaza. Open 6.30 am - 3 pm, closed on Sunday. Tel: 08 1179 5859

j19 Che Phatthana (เจพัฒนา) Carrefour's Food Center at 2nd floor. Open daily Sunday-Thursday 9 am - 9 pm, Friday-Saturday 9 am - 9.30 pm.

j20 Chuda Che (ชุดาเจ) 23/5 Sri Mongkon Road, near Kham Thiang Intersection. Open daily 8 am - 9 pm. Tel: 08 6966 6821

j21 DJ Tofu (ดี.เจ.) Sitthiwong Road. Open daily 8 am - 9 pm. Tel: 08 4502 9747, 08 5933 7042

j22 Bun Song (บุญส่ง) 194/5 Kong Sai Road. Open daily 6 am - 6 pm. Tel: 08 1192 5040

j23 Che Tong (เจตอง) 148/1-2 Wua Lai Road. Open 7.30 am - 6 pm, closed every first and last Tuesday. Tel: 0 5327 6196, 08 7177 2862

Vegetarian restaurants

Milk, butter or cheese in some restaurants.

v01 Khun Churn (คุณเชษฐ) 120/2 Nimmanhem Road, Soi 17. Open 10 am - 10 pm, closed every 16th. Tel: 0 5322 4124, 08 1881 3032

v02 Mangsawirat Suan Dok (มังสวริตสวนดอก) 15 Suthep Road, near Wat Suan Dok. Open 5.30 am - 3 pm, closed on Sunday.* Tel: 0 5380 8337

v03 Long Phisut (ลองพิสุจน์) Faculty of Humanities' canteen, Chiang Mai University. Open 7 am - 2 pm, closed on Saturday-Sunday, holidays and the university vacation (in March-May and October). Tel: 08 6185 3627

v04 Vegetarian Society of Thailand (ชมรมมังสวริตแห่งประเทศไทย สาขาเชียงใหม่) Mahidol Road. Open 6 am - 2 pm, closed on Saturday and Sunday. Tel: 0 5327 1262

v05 Thai Vegetarian Food Restaurant (ร้านอาหารมังสวริต) 65 Inthawarorot Road. Open daily 6 am - 7 pm. Tel: 08 1289 3163

v06 Khufa Mangsawirat (คู่ฟ้ามังสวริต) 152/6 Kao Nawarat Road. Open 7 am - 3 pm, closed on Sunday. Tel: 08 6924 4884, 08 4172 5213

v07 Aum (โอม) 65 Mun Mueang Road, next to Black Canyon, Thaphae Gate. Open 8.30 am - 2.30 pm, 5 - 9 pm, closed every 1st - 2nd. Tel: 0 5327 8315

v08 Vegetarian Thai Orchid (มังสวริตไทยออคิด) 419/24 Witchayanon Road. Open 7.30 am - 4 pm, closed on Sunday. Tel: 0 5387 6232, 08 4177 6032, 08 5037 0307

v09 Pun Pun (พันพรรณ) behind Mahachulalongkornrajavidyalaya University library in Wat Suan Dok. Open daily 9 am - 5 pm. Tel: 08 6101 8508

v10 Taste from Heaven 237-239 Thaphae Road. Open daily 8.30 am - 10 pm. Tel: 0 5320 8803

Vegetarian-friendly restaurants

Both meat and vegetarian food

x01 Korean Food (อาหารเกาหลี) in Central Airport Plaza's Food Center, 4th floor. Open Monday-Friday 11 am - 9 pm, Saturday-Sunday 10 am - 9 pm. Tel: 086-192-1551

x02 Bai Porn (ไบพร) or Prego 15/3 Sri Phum Road, Soi 1. Open daily 10 am - 10 pm. Tel: 08 1882 7466

x03 Whole Earth (โฮลเอิร์ธ) 88 Sri Don Chai Road. Open daily 11 am - 10 pm. Tel: 053-282463

x04 Dara Vietnamese Food (ดารา อาหารเวียดนาม) 7 Sriphum Road, next to Monthian Temple. Open 9 am - 9 pm, closed on Sunday, Tel: 0 5321 5849

x05 Blue Diamond (บลูไดมอนด์) 35/1 Mun Mueang Road, Soi 9. Open 7.00 am - 8.30 pm, closed on Sunday. Tel: 0 5321 7120

x06 Houn Soontaree (หือนสุนทรี) 208 Patan Road. Open daily 10 am - 12 pm. Tel: 0 5387 2707, 0 5387 2708

x07 The Riverside 9-11 Charoen Rat Road. Open daily 4 pm - 1 am. Tel: 053-243239, 053-246323

x08 DinDee (ดินดี), Chiang Mai University Art Museum, Nimmanhem Road. Open daily 11 am - 9 pm. Tel: 08 6910 8137

x09 Ek Thip Chok Di (เอกทิพย์โชคดี) 57 Cha Ban Road, near Chiang Mai Technical College. Open daily 10 am - 10 pm. Tel: 0 5341 7122, 08 6923 6122, 08 1671 6785

X10 Khao Soi Islam (ข้าวซอยอิสลาม) 24 Charoen Prathet Road, Soi 1. Open daily 7 am - 5 pm. Tel: 0 5327 1484

X11 Khao Soi Lamduan Faham (ข้าวซอยลำดวนฟ้าฮาม) 352/22 Charoen Rat Road. Open daily 8 am - 4 pm. Tel: 0 5324 3519, 08 4616 1528

All vegetarian restaurants open daily in Chinese Vegetarian Festival (October). *The restaurants that also open daily in Khao Phansa time (July - October) are j04, j09, j11, j12 and v02.

Updated 12 December 2008



Vegetarianism reduces global warming.