# A NEW LOOK AT NITRATE TOXICITY

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# Nitrate (NO<sub>3</sub>-) Background

Major form of N in most soils.

Often first factor limiting plant growth.

(Fertilizer N = ammonium nitrate, urea)

Assimilated rapidly by growing plants.

Problems:

Plant or fertilizer nitrate toxic for cattle, sheep, other livestock.

(acute-collapse, death: chronic-abortion)

High nitrate water supply - infant deaths.

("Blue Baby" effect)

Yields toxic fermentation gases. (N<sub>2</sub>0) Environmental accumulation.

# Nitrate (NO<sub>3</sub>-) History

### **Discovery of Toxicity:**

- 1894 Chile saltpeter is toxic to cattle.
- 1895 Corn plant toxicity related to KNO<sub>3</sub> crystals in corn leaf axils, cut surfaces, inside stalks. Blamed on *potash* poisoning! Burned like "firecracker fuses." (26,000-35,000 ppm NO<sub>3</sub>-N).
- 1939 Oat hay poisoning. When nitrate was precipitated out, sap longer toxic! Methemoglobin & nitrite in bile and urine. (5,800 ppm NO<sub>3</sub>-N)

# Nitrate (NO<sub>3</sub>-)

### **Toxicity types:** Acute - Collapse, death Chronic? - Long-term, sub-lethal. No appetite, low production, abortion? Toxic dose varies widely: Plant vs chemical (KNO<sub>3</sub>) added. Water vs Feed (water more toxic). Dry vs Wet feed. (Dry hay releasés nitrate 3 times faster than wet forage.) Species differ - Hemoglobin sensitivity. Animals in a species differadaptation, intake patterns.

# Nitrate (NO<sub>3</sub>-)

# Acute Poisoning - Signs of anoxia: 1. Bluish/chocolate brown mucous

- membranes.
- 2. Rapid, difficult, noisy breathing.
- 3. Rapid pulse (150+/minute)
- 4. Salivation, bloat, tremors, staggering.
- 5. Weakness, coma.

### **Confirmatory diagnosis:**

Dark, "chocolate-colored" blood.

Methemoglobinemia.

High blood nitrate.

Residual oxygen combining capacity.

# Nitrate (NO<sub>3</sub>-)

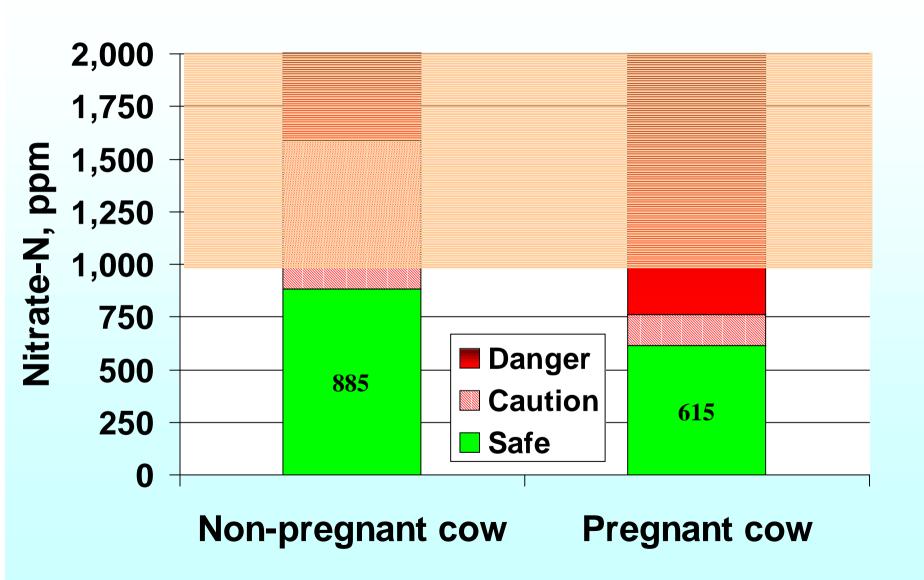
Basis of expressing nitrate concentration

Basis:	<u>Ratio</u>	Toxic level in	forage
NO <sub>3</sub> -N	1.0	1,000ppm =	.10%
NO <sub>3</sub>	4.4	4,400ppm =	.44%
KNO <sub>3</sub>	7.3	7,300ppm =	.73%
All these	are equal!	Just different	basis.

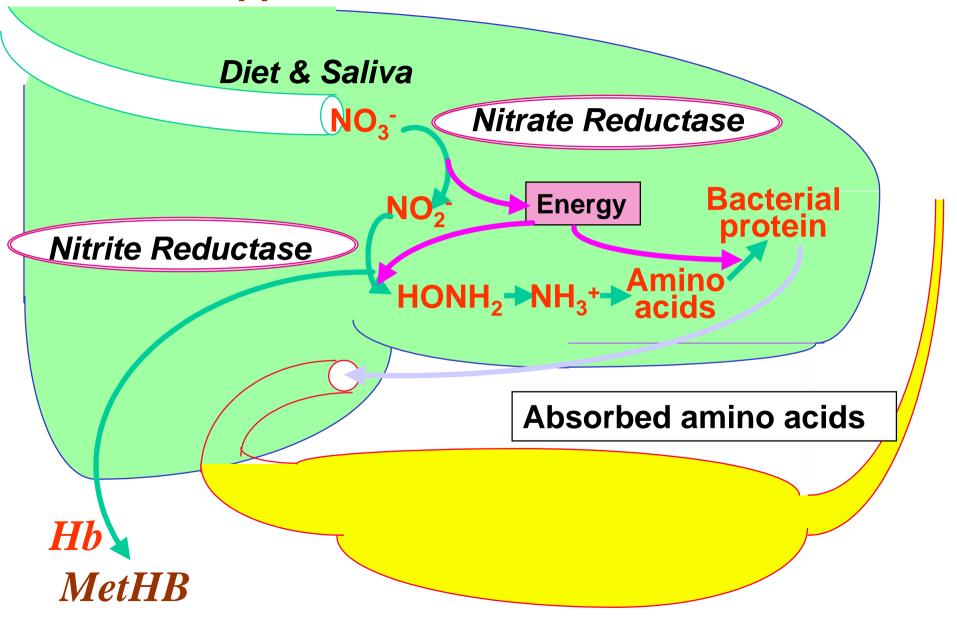
**Methods for measuring nitrate:** 

Qualitative - Field forage stain test Quantitative - Colorimetric, Electrode

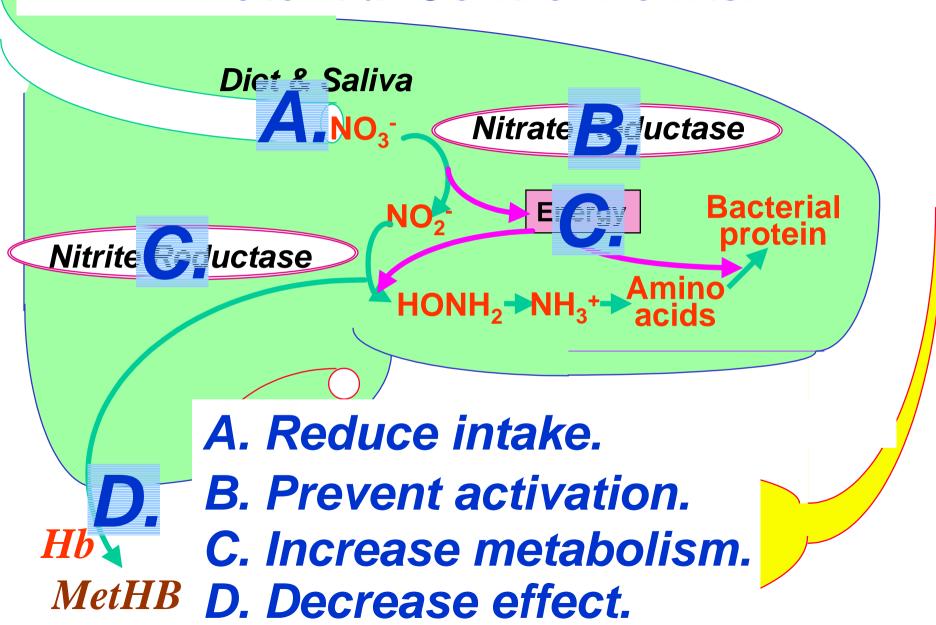
### Nitrate-N in Diet - Safe & Hazardous Levels



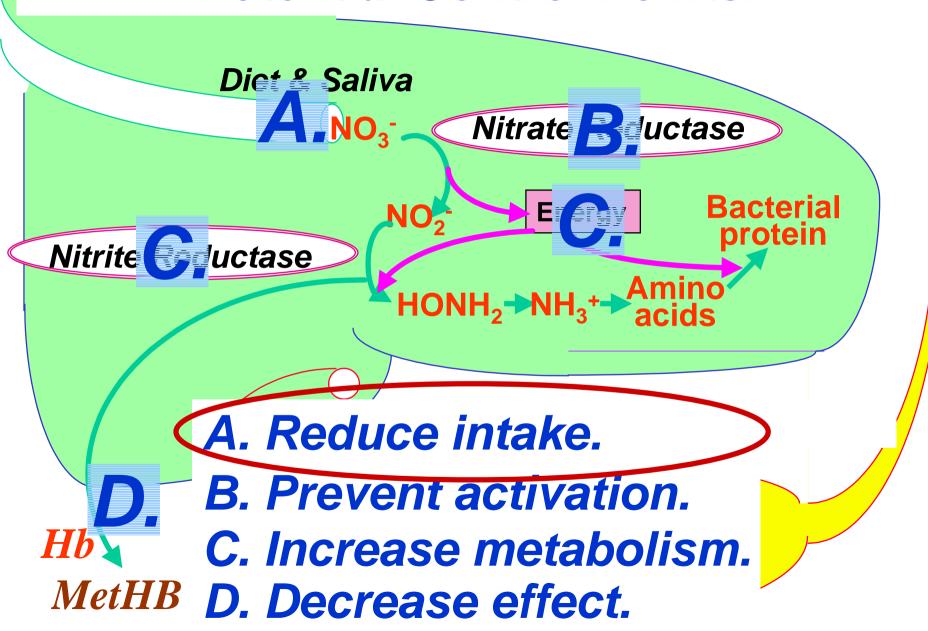
#### What Happens to Nitrate-N in the Rumen?



#### **Potential Control Points:**



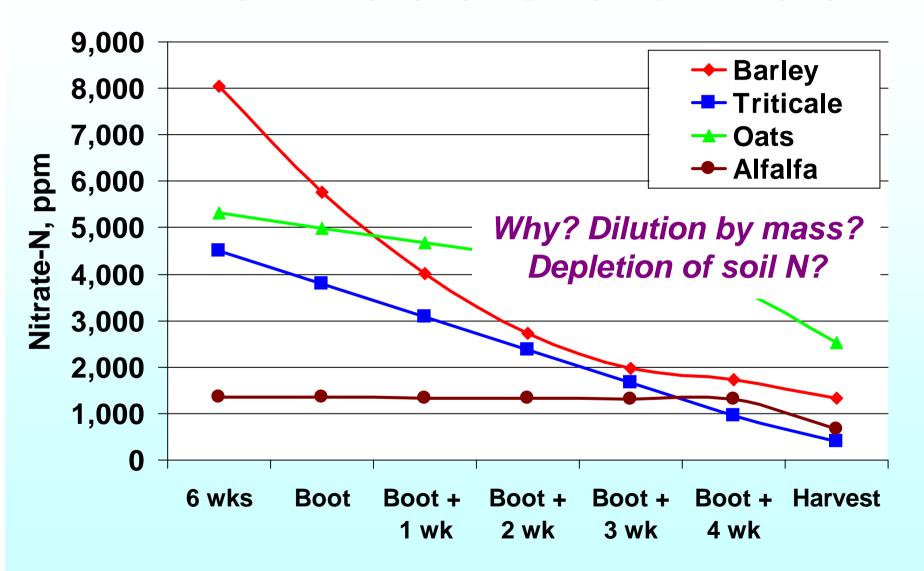
#### **Potential Control Points:**



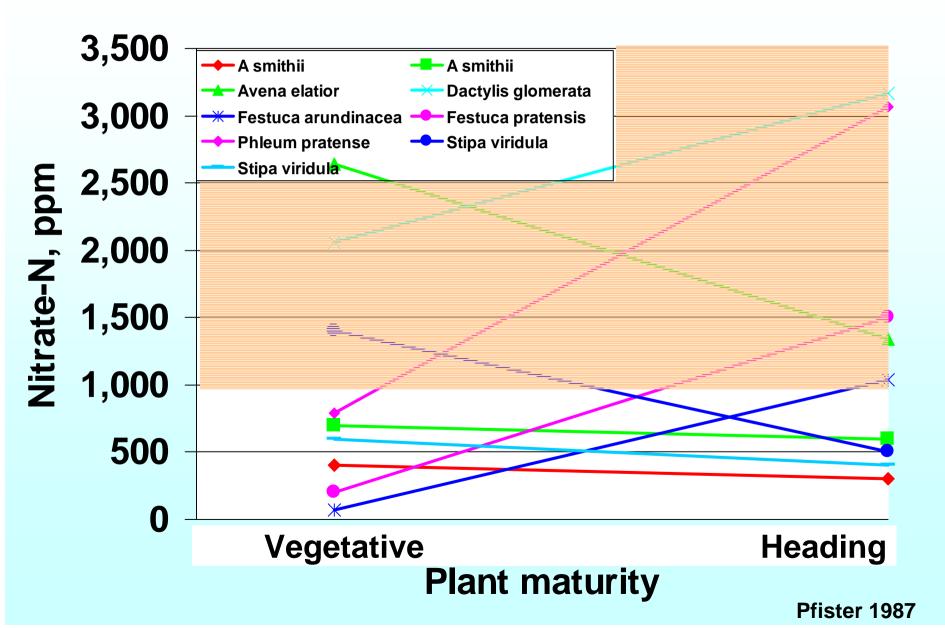
1. Forage concentration varies with: Plant species Crops: Sudans, sorghum-sudan, sorghum, corn, wheat, oats, rye, barléy, millet Grasses: fescue, johnsongrass Weeds: pigweed, mustard, kocia, nightshade, lambsquarter, nettles, elderberry, burdock, thistle Legumes: Alfalfa? Lower in perennials, woody plants.

1. Forage concentration varies with: Plant maturity

### **Plant Maturation and Nitrate**



### **Plant Maturation and Nitrate**

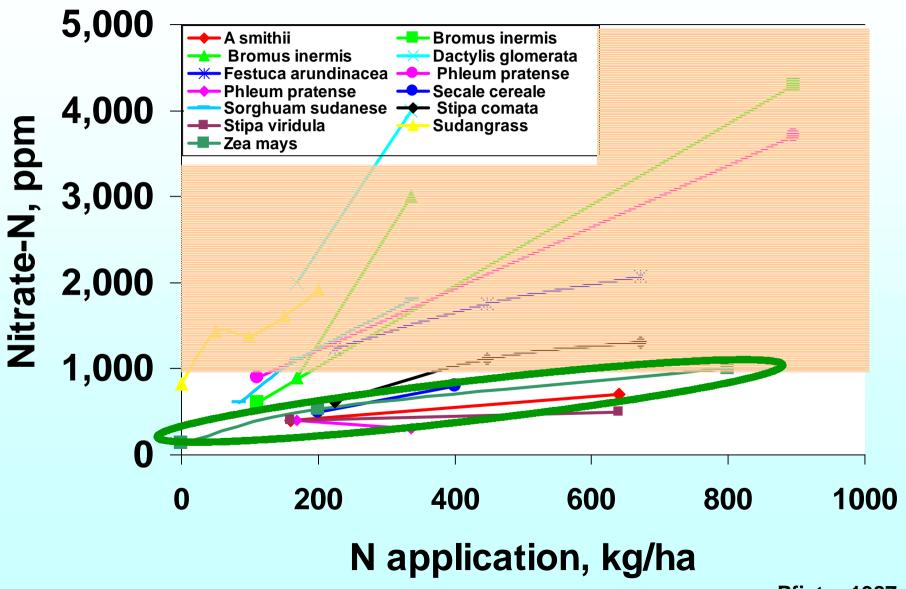


1. Forage concentration varies with:

Plant species and maturity

Level of N fertility

### **Fertilization and Nitrate**



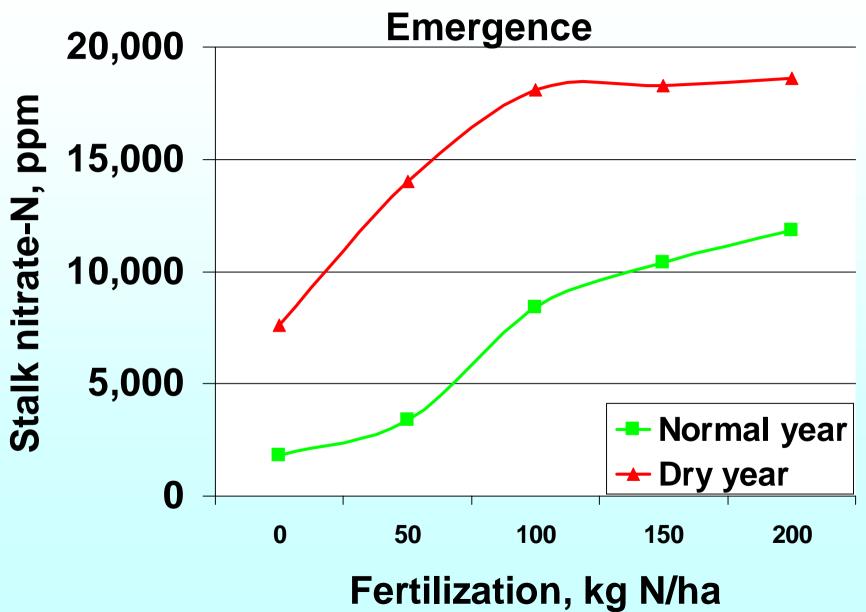
1. Forage concentration varies with:
Plant species and maturity
Level of N fertility
Plant stress

Frost, low temperatures.

Acid or deficient (P, S, Mb) soils.

Water shortage

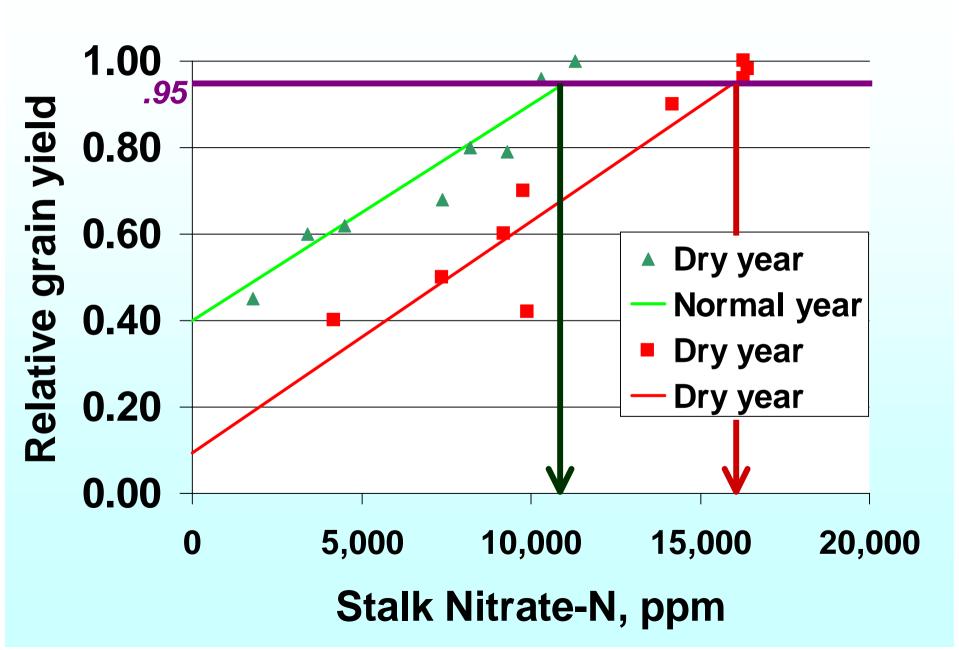
### Nitrate-N of Corn Stalks 35 d Post-



Forage nitrate-N concentration serves as an index of plant N status and grain yield.

Thus, high levels are considered a desirable trait by grain growers and plant breeders!

#### Corn Stalk Nitrate-N vs Grain Yield

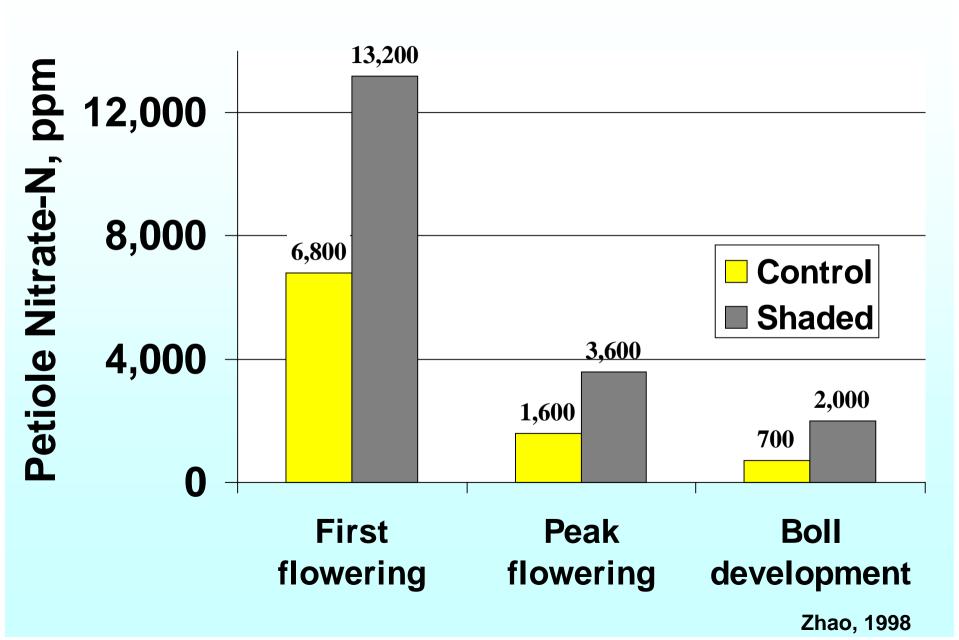


1. Forage concentration varies with:
Level of N fertility
Plant species and maturity
Plant stress

Frost, low temperatures. Acid or deficient (P, S, Mb) soils.

Water shortage
Cool, cloudy weather, shade

#### **Shading and Cotton Petiole Nitrate-N**



1. Forage concentration varies with:

Level of N fertility

Plant species and maturity

**Plant stress** 

Water shortage

Weather & shading

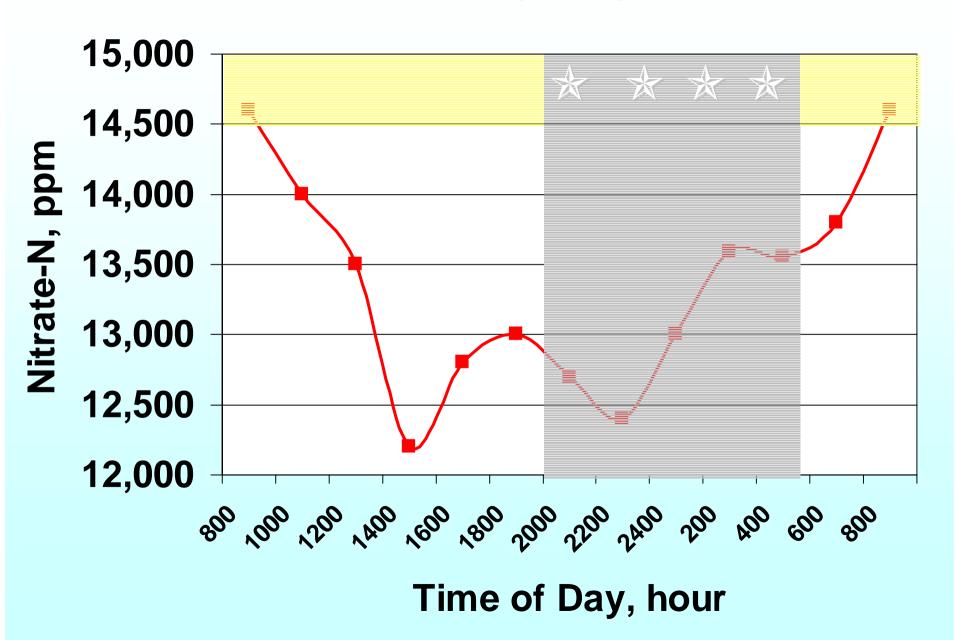
**Frost damage** 

**Time of day** 

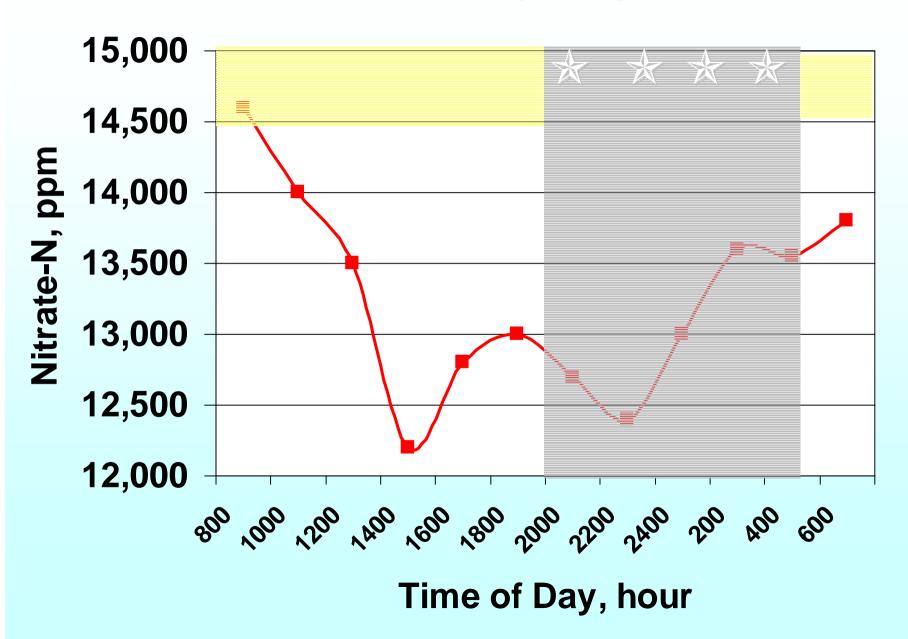
Nitrate uptake continues during the dark, but is depleted during photosynthesis. Lowest late afternoon.

Avoid grazing or harvest in the morning.

#### **Nitrate-N of Corn Stalks**



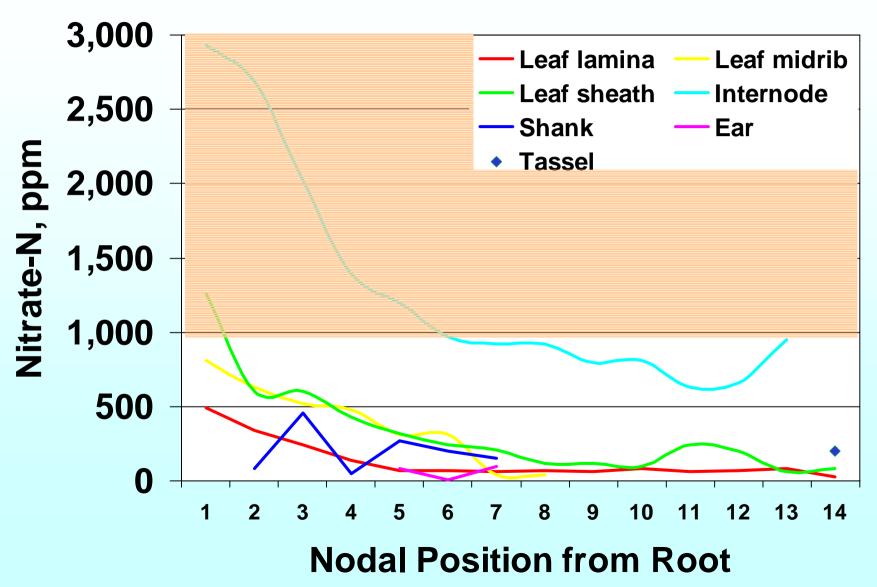
#### **Nitrate-N of Corn Stalks**



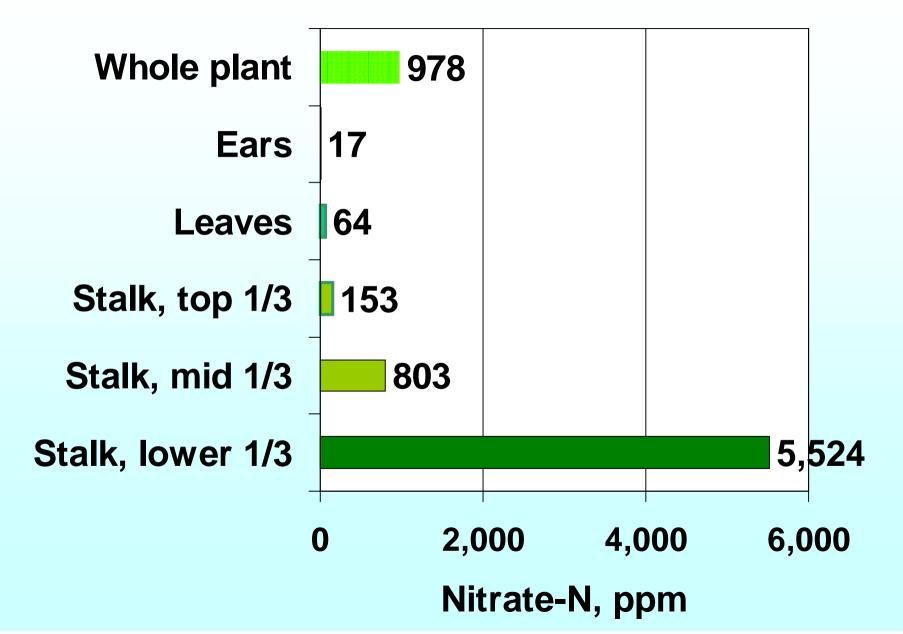
1. Forage concentration varies with: Level of N fertility Plant species and maturity Plant stress Water shortage Weather & shading Frost damage Time of day Plant part

Uptake by plant roots; transported to leaves for reduction to nitrite.

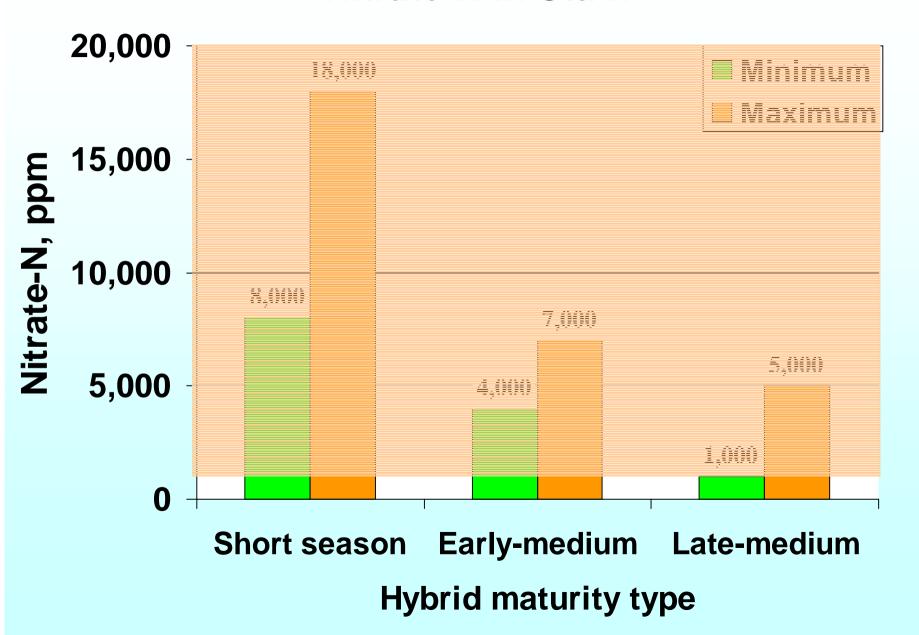
### **Nitrate-N of Corn Plants**



### **Nitrate in Corn Plant Parts**



#### **Nitrate-N in Stalk**



1. Forage concentration varies with:
Level of N fertility
Plant species and maturity
Plant stress

Water shortage Weather & shading Frost damage

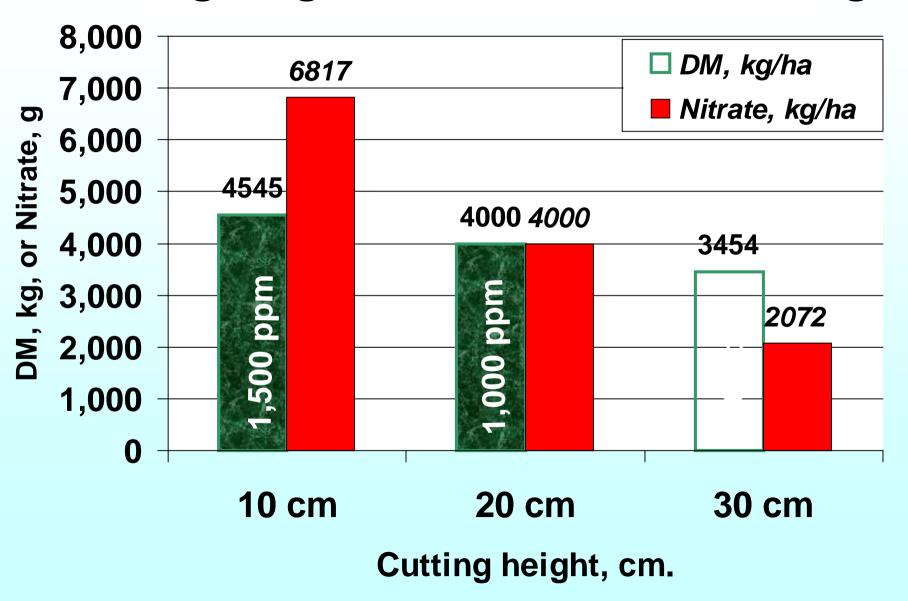
Time of day

Plant part

Low stocking rate - skip lower leaves.

Avoid harvesting the bottom stems of the corn plant. Cuts yield & nitrate.

### **Cutting Height and Nitrate in Corn Silage**



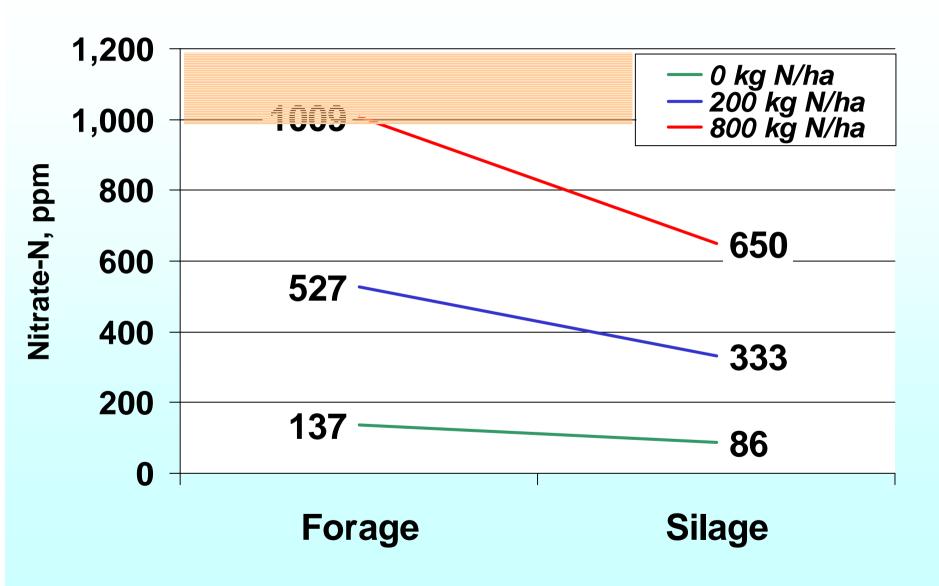
1. Forage concentration varies with:
Level of N fertility
Plant species and maturity
Plant stress

Water shortage
Weather & shading
Frost damage
Time of day
Plant part

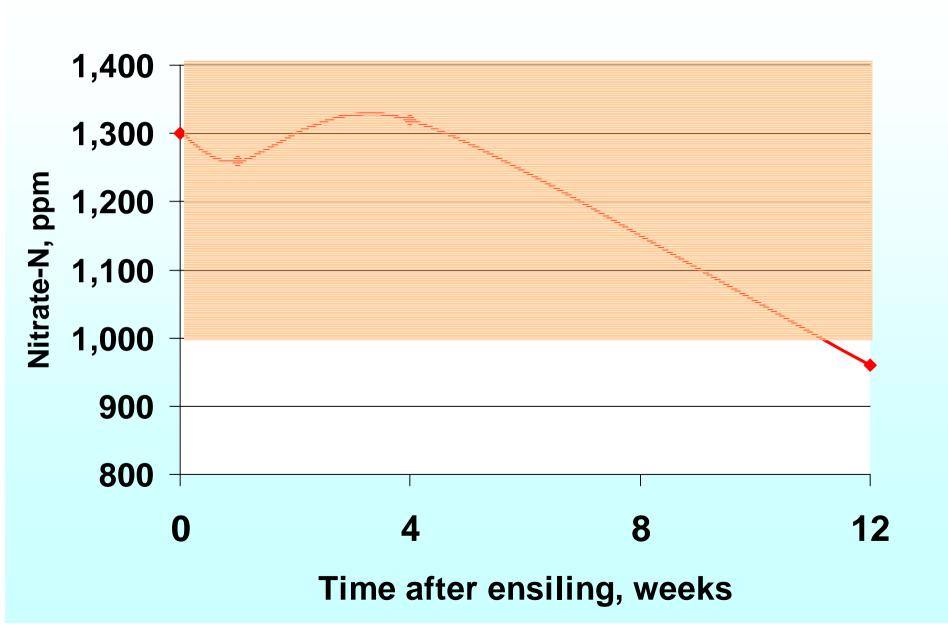
2. Reduce by fermentation/ensiling.

Nitrate-N converted to gaseous form.

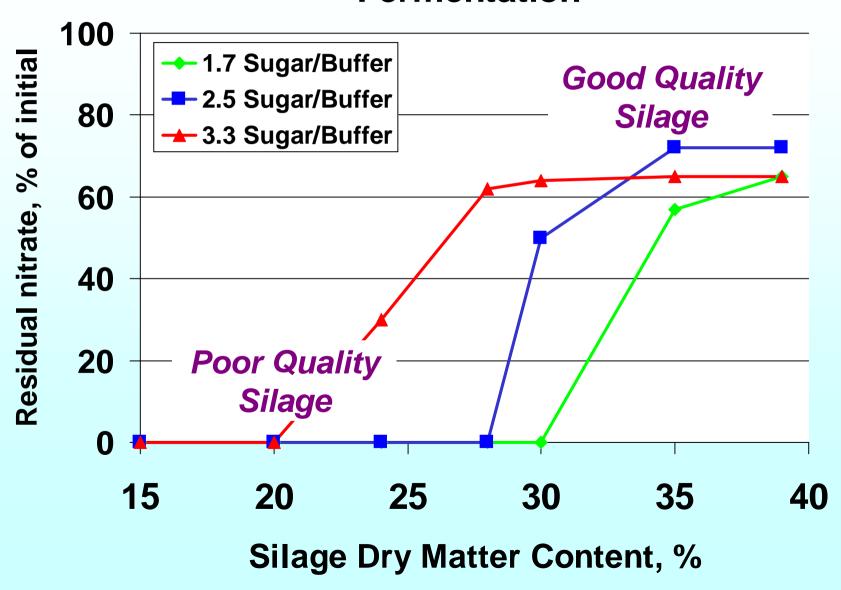
### **Corn Plant Ensiling and Nitrate**



#### **Small Grain Ensiling and Nitrate**



# Nitrate Remaining after Grass Silage Fermentation



1. Forage concentration varies with: Level of N fertility Plant species and maturity

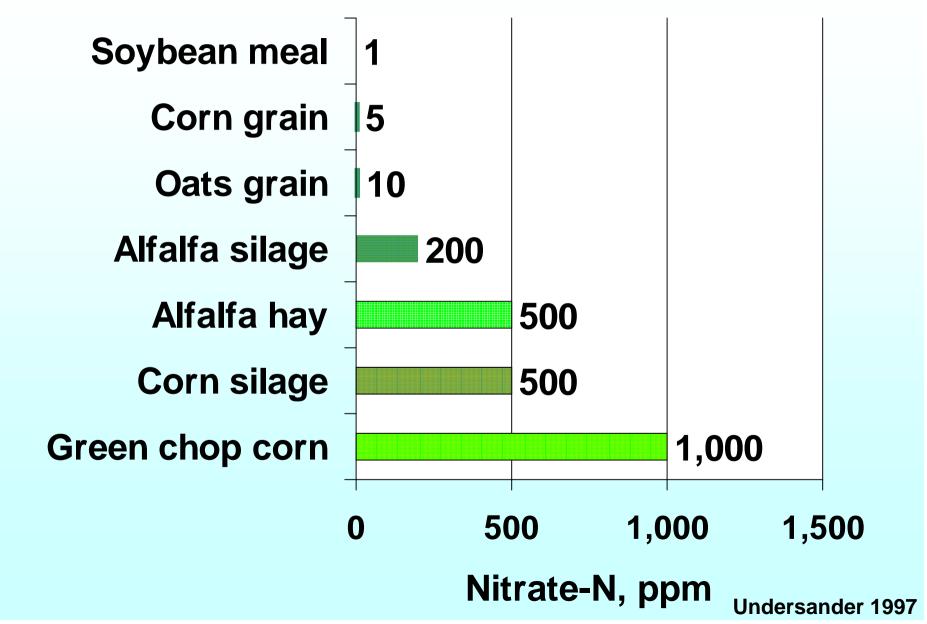
**Plant stress** 

Water shortage Weather & shading Frost damage

Time of day Plant part

- 2. Reduce by fermentation/ensiling.
- 3. Dilute diet with low-nitrate forage/grain

# **Typical Feed Nitrate Levels**



# A. Reducing Nitrate Intake

1. Forage concentration varies with:

Level of N fertility

Plant species and maturity

**Plant stress** 

Water shortage

Weather & shading

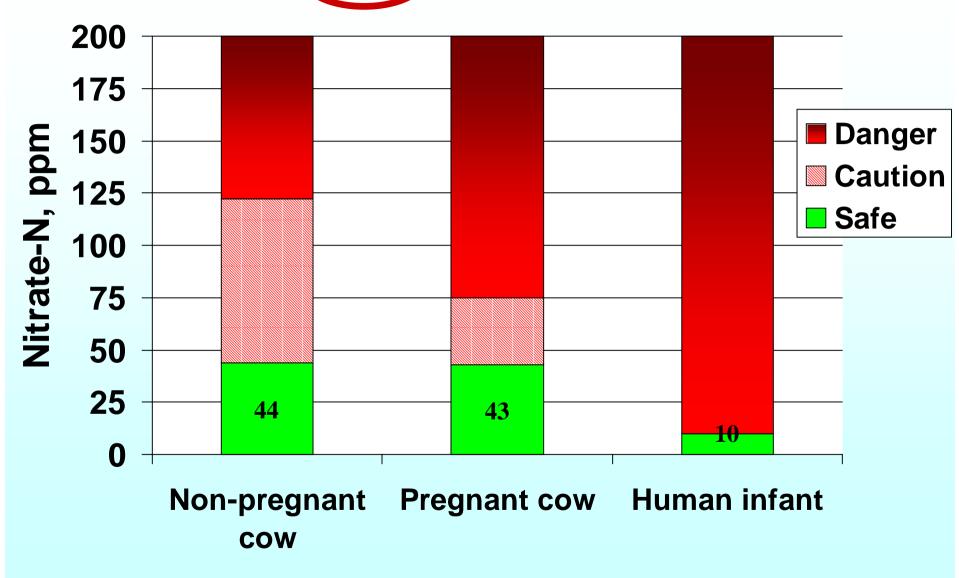
Frost damage

Time of day

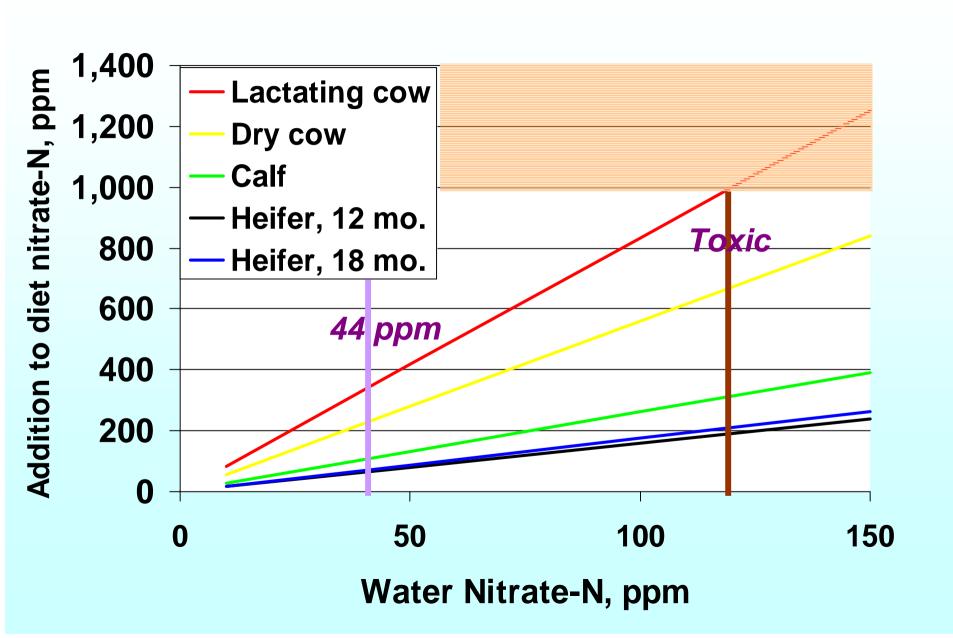
Plant part

- 2. Reduce by fermentation/ensiling.
  3. Dilute diet with low-nitrate forage/grain.
- 4. Avoid water sources high in nitrate.

# Nitrate-N in Water Safe & Hazardous Levels



#### Water's Contribution to Nitrate-N Intake



# **Nitrate in Drinking Water**



# Nitrate Removal from Water

- 1. Distillation costly to install.
- 2. Reverse osmosis costly to install/run.
- 3. Anion exchange columns short life.
- 4. Bottled water.

**Boiling useless - Concentrates nitrate. Aluminum pan - converts nitrate to nitrite** 

Collect rainwater - Possibility (Pb, asbestos concerns)

# **Nitrate Assay Methods**

#### 1. Field test:

Diphenylamine spot test.

Diphenylamine + H<sub>2</sub>SO<sub>4</sub> + NO<sub>3</sub>yields blue/black spot on forage.

Test inside of stems.

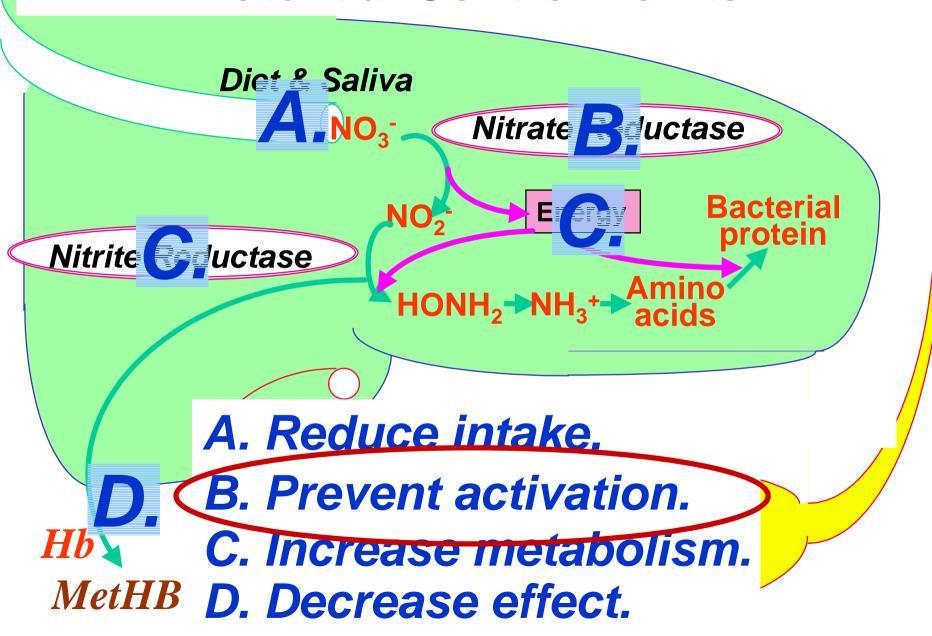
2. Laboratory tests:

Colorimetric.

Nitrate electrode.

Nitrate reductase (from corn plants).

#### **Potential Control Points:**



# **B. Prevent Nitrite Formation**

Nitrate itself is NOT toxic. Nitrite is.

Nitrate  $(NO_3^-)$ ----->Nitrite  $(NO_2^-)$ Nitrate reductase

Bacteria, Fungi, Algae, Plants, Animals?
A. Inducible, particulate form
B. Soluble, constitutive form.
NADH or NADPH are electron donors.
Activity varies diurnally in plants.
1 mole Molybdenum / mole enzyme.

# **B. Prevent Nitrite Formation**

### Nitrate-Reducing Bacteria

E. coli, Shigella, Salmonella, Klebsiella, **Enterobacter, Proteus (Energy source** for anaerobic bacteria) Nitrate-Sensitive Bacteria

Clostridia. Prevents C. botulinum growth in foods, clostridial degradation of silage.

Nitrate/Nitrite added to processed meats: bright red color = nitrosohemoglobin. Nitrate or vitamin C-Botulism prevention.



Nitrate Reductase contains Molybdenum (Mo) Tungsten (W) is competitive Inhibitor for Mo.

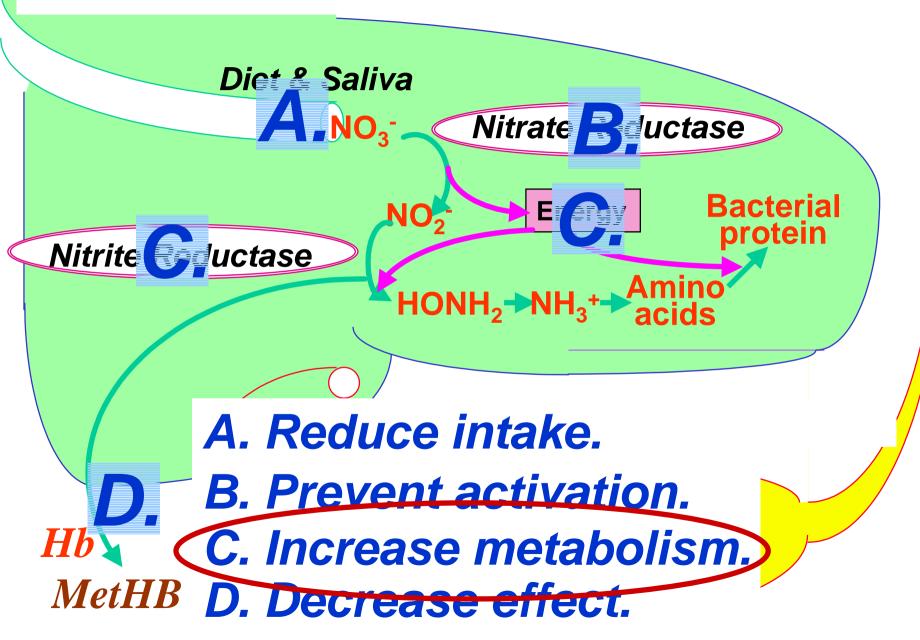
# **B. Prevent Nitrite Formation**

Tungsten (W) inactivates nitrate reductase Lactating cows research: Netherlands.

Rumen cultures: 100 to 500 uM of W prevented nitrate reduction. Feeding 6 - 12 mg W/kg body weight prevented toxicity from 10,000 ppm. Higher levels needed with Mb rich diets.

Concerns about Tungsten: W in milk (.4% of dose). Soil/plant effects?

### **Potential Control Points:**



# C. Increase Nitrite Removal

Nitrite (NO<sub>3</sub>-) Hydroxylamine Ammonia (NH<sub>4</sub>)

#### Nitrite reductase

Plants form - Not use NADH or NADPH.
Bacteria - Defense mechanism. NADH
dependent & NADPH dependent forms.
Flavin dependent.

pH optimum 5.6.

Contains Fe.

Ammonia-useful NPN source.

Requires energy - Concentrate feeds.

# C. Increase Nitrite Metabolism

### **Adaptation:**

1. Ruminal bacteria:

Short term: Microbes adapt in 2 - 4 h.

Long term: More nitrite reducers.

Propionibacterium inoculants.

Heat-resistant, cheese fermenters

Become permanent residents.

Ionophore sensitive?

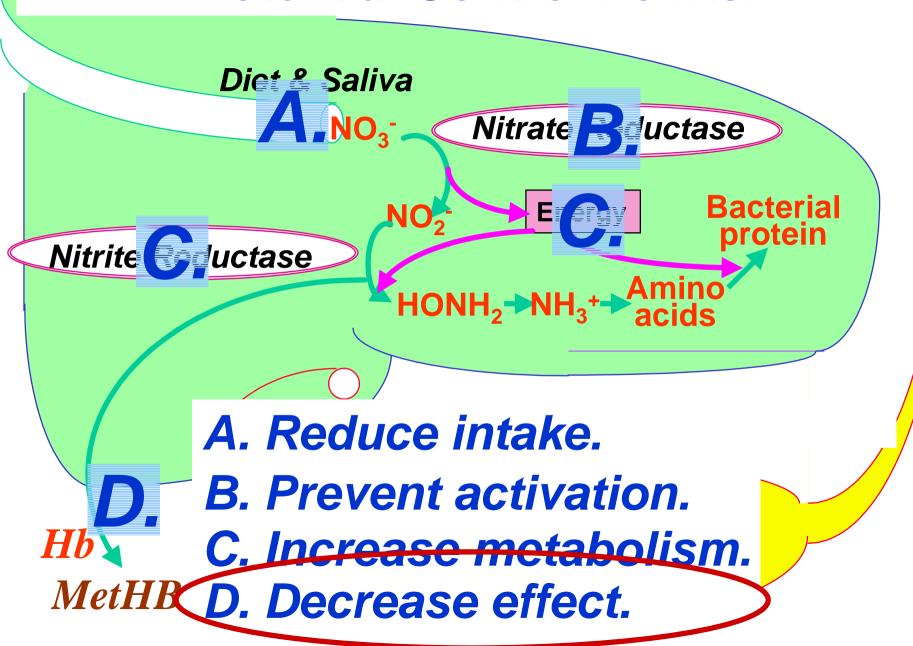
2. Pre-adapt to nitrate?
May prime nitrate reduction.

3. Pre-adapt to nitrite? Not tried to date.

# C. Increase Nitrite Metabolism

- 1. Small frequent meals. Feed hay before pasturing cattle.
- 2. Totally mixed dry rations.
- 3. Avoid damp forages (hay, fodder).
- 4. Gradually adapt to high nitrate feeds. Bacterial adaptation/inoculation.
- 5. Increased dietary energy supply: Carbohydrate supplements.
- 6. Other diet components:
  Extra energy (concentrate).
  Vitamin A?
  - Replace soybean meal with urea?

#### **Potential Control Points:**



### D. Decrease Nitrite Effects

#### **Acute toxicosis:**

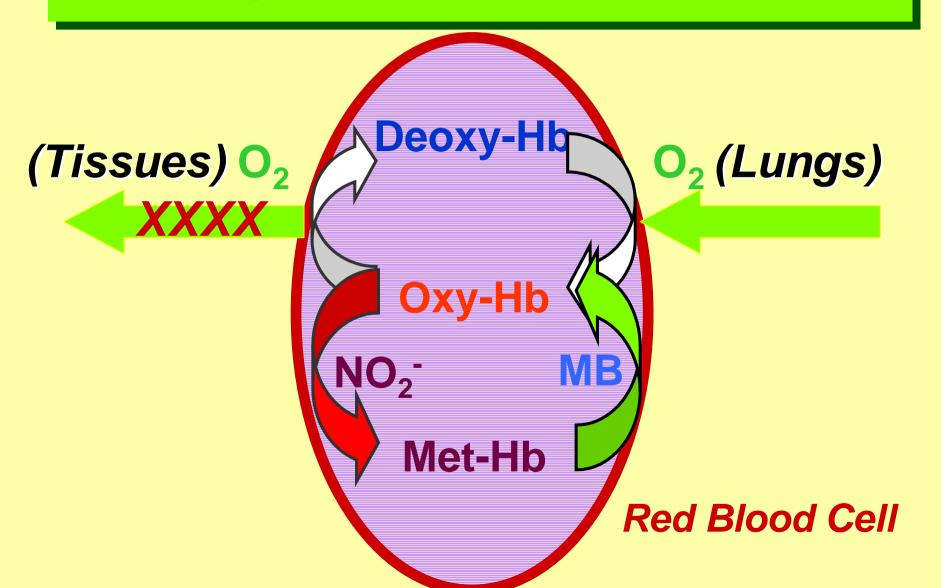
Nitrite reacts with hemoglobin to stop oxygen transport by blood. Short term drastic effects.

#### **Chronic toxicosis:**

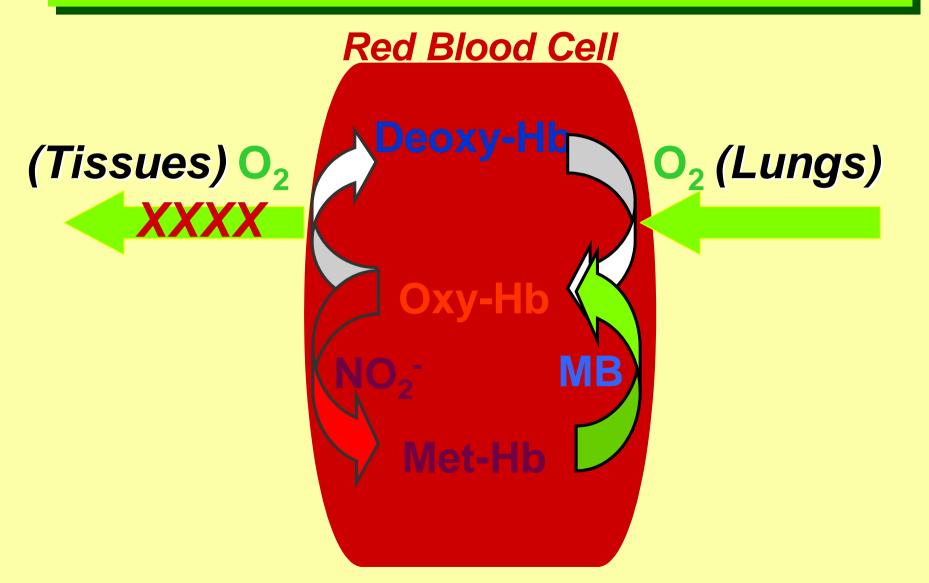
Depressed feed intake.

Oxygen depletion of uterus or fetus. Increased blood ammonia may reduce implantation and fertility?

# Hemoglobin (Hb) Metabolism



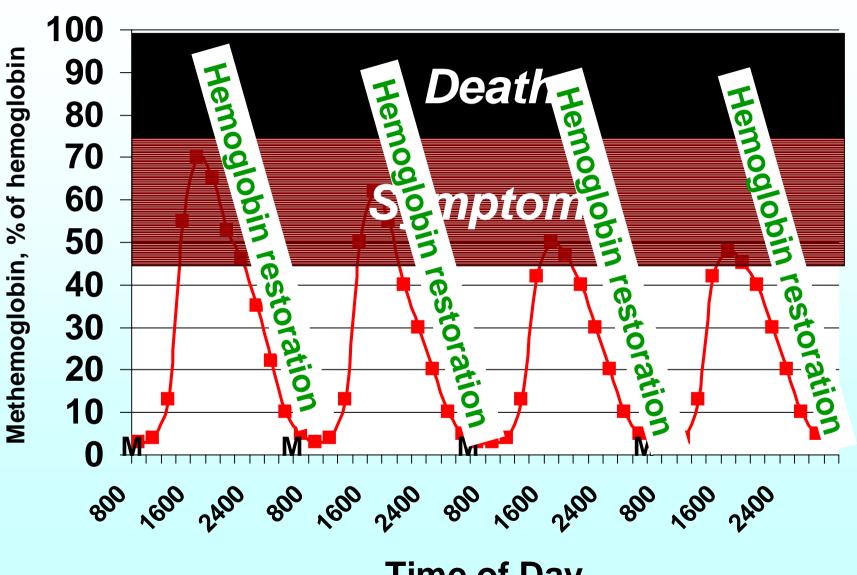
# Hemoglobin (Hb) Metabolism



# **D. Decrease Nitrite Effects**

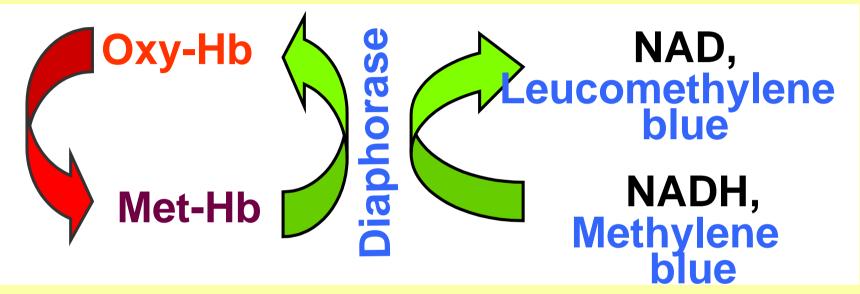
**Animal adaptation:** Nitrate is vasodilatory agent. With gradual adaptation: Increased hemopoiesis (More Hb). Increased blood volume. Increased hemoglobin restoration? Methemoglobinemia - Transitory. NADH dependent diaphorase in red blood cells. Higher blood glucose speeds hemoglobin restoration. Adapted grazers tolerate 3400-4600 ppm forage (>3 times toxic dry dose)

### **Methemoglobin Concentrations**



**Time of Day** 

# D. Hemoglobin Restoration



Diaphorase: Present in red blood cells. NADH generation from glucose. Ruminants: Low blood glucose (NADH), esp. with roughage diets. Benefit from added concentrate. Ionophores?

# D. Nitrite Toxicity Treatments

- Acute toxicosis treatment:

   Intravenous infusion 100 ml/500 kg
   body weight of a 4% methylene blue solution (Stanton, 1999).
   to 4 (or up to 15) mg methylene blue per kg body weight.
- 2. Sodium tungstate preventative.
- 3. Ascorbate, menadione, glutathione, vitamin E?
- 4. Chlortetracyclines.

# D. Gas Toxicity Concern

**Silage Fermentation Gases:** NO, NO<sub>2</sub>, N<sub>2</sub>O<sub>4</sub>, CO<sub>2</sub>, Released first 1 - 10 d of fermentation. 5 ppm  $NO_x$  odor threshold (8 h max). 75 ppm visual (brown) detection. 100 ppm danger. 700 ppm fatal in 30 min - Man & Animal! Reacts with lung fluids to form nitric acid! Permanent lung damage. Ventilate silo. Heavy gases - sink.

### **Conclusions**

# Forage/Silage Control Points

- 1. Avoid high nitrate forage species.
- 2. Avoid excess N fertilization/drought.
- 3. Test suspicious forage & water for nitrate.
- 4. Avoid harvesting or grazing forages in wilting stage.
- 5. Harvest crops late in the day.
- 6. Leave lower stems in the field.
- 7. Ensile high nitrate forages.

### Conclusions

# Feeding/Management Control Points

- 1. Feed high nitrate forages only to nonpregnant heifers and dry cows.
- 2. Dilute high nitrate forages with grain or low nitrate feeds. Totally mixed rations.
- 3. Adapt animals gradually to high nitrate forages.
- 4. Avoid high meal size of suspect forage.
- 5. Be alert for symptoms and have antidote (methylene blue) on hand.
- 6. Avoid silage gases for 10 days after ensiling crop.
- 7. Consider propionibacteria inoculation.

# Thanks for your Attention

### Shalom Aleichem