

Limited spaces available: 8

Venue/Duration: Bundoran, Co. Donegal / 1 weekend

Cost: 60 euro (plus ISA membership)

Post form back with deposit (20 euro) to:

Irish Surfing Association - Easkey House - Easkey - Co. Sligo

Balance must be paid before first day of Project



ISA ADVANCED SURF SKILLS BOOKING FORM 2008

Choose project weekend(s): ☐ 9/10 February ☐ 16/17 February

Prerequisites: before signing up:

1.a) Participant has completed ISA Future Surf Groms Project **or** has competed with the Irish surfing team (shortboard, longboard or bodyboard)

1.b) physically and mentally fit to surf in variable conditions and participate in physical training

1.c) parental consent (see below) and ISA membership (for insurance purposes)

Participant's name:

Date of birth (dd/mm/yyyy):

Email:

Parent(s) name(s)

Contact number(s) (please specify if parents and/or kids)

Does the participant have any known medical conditions that might affect his/her performance/health in the project (including asthma, allergies, epilepsy, recent injuries, etc.)? ☐ yes ☐ no

If so, please specify, including any medication needed (**ensure they have it at all times**):

What kind of board does him/her have (length and type)?

How long has him/her been surfing?

PARENTAL CONSENT:

I, _____ attest that my son/daughter _____ meets the conditions as specified above (1.a, 1.b, 1.c) and authorise him/her to participate in the ISA Future Surf Groms Project. I am aware that surfing has an element of risk and that it is up to me to provide any surfing protection equipment I deem necessary for my son/daughter (please note leashes are compulsory). My son/daughter will comply with the safety rules established by the coach at all times.

NAME

SIGNATURE

TEAR BELOW AND STICK IT SOMEWHERE VISIBLE TO REMIND YOU OF DATES !



Chosen date (write down):

Venue: Bundoran, Co. Donegal

IMPORTANT:

- there is no transport provided. Parents or authorised guardians must provide transport for their kids between beach and theory venue. No lunch will be provided but sufficient time will be allocated for it. Please bring warm clothes, towel, suncream, hat and water bottle.

- there will be no reimbursements for non-attendance so please ensure can attend date chosen.

For further information about the project contact Marcos (webmarcos@yahoo.com) 0877464160